

InforM



March 2021

Vol 14 No 8

Murray's Memo

The second half of the Lions year has certainly got off to a roller-coaster start. The re imposition of Alert level 3 in the Auckland region, and Alert Level 2 for the rest of the country, if only for three short days, just goes to show how tricky the Covid-19 virus and its variants are. We must, accordingly, continue to be vigilant, follow the Ministry of Health guidelines, and most of all, be kind to one another.

In saying that I am extremely proud of the way Lions throughout District 202M have risen to the challenges put in front of them, and the resilience Clubs have shown in continuing to meet the everchanging needs of their communities, which, most often are a consequence of the confines placed upon us by the pandemic.

Following 202L's Convention in Tokoroa, Simon and I travelled to Miranda to celebrate the 1st birthday of my grandson, Charlie and then meandered up to Auckland where we were able to watch the floating victory parade for Luna Rossa's win in the Prada Cup. What a spectacle!! It brought home to me how lucky we are to live where we do and to continue enjoying the very many outdoor events which are an impossibility for large parts of the worlds population. Let us put that freedom to good use in the service of others.

Lions throughout the District have started the year with a flourish. To name but just a few of the projects thus far undertaken:

Waikanae Lions with the help of other Clubs on the Kapiti Coast undertook a very successful Garden Trail
Hastings Host Lions opened a Book Shop at the Hastings Showgrounds which will be open every weekend for sales of second-hand books

The District hosted a picnic for the staff and families of Wellington Children's Hospital to acknowledge the selfless work they do on behalf of our tamariki. Karori Lions with the assistance of other Clubs throughout zone 6 hosted another successful Karori Karnival.



We have had a number of Club closures, including Taradale Lions, Featherston Lions, Petone Lions and Wairapa Ruamahanga Lions. I want to take this opportunity of sincerely thanking these Clubs, and their members, past and present, for the sterling work performed by them on behalf of their respective communities, for their commitment to Lionism, and for their passion and enthusiasm in carrying out a wide range of projects for their communities of many, many years.

Sadly, all of the Districts Lioness Clubs have, too, taken the decision to wind-up. I, again take this opportunity to thank the Featherston Lioness Club, Greytown Lioness Club, Havelock North Lioness Club, and The Levin Waiiopehu Club, together with their members both past and present, for the passionate and dedicated commitment to their respective communities. Whilst it is sad to be losing you it was pleasing to note that many of the Lioness members are intending to continue serving their respective communities but under a different format. I wish you all the very best for your future community endeavours.

Lastly, a reminder to all that our Convention is to be held at Silverstream Retreat over the weekend of 12-14 March 2020. I look forward to seeing you all there.

Murray Pringle,

District Governor.

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From the Editor's Desk

As you will be aware, our District Convention is just 2 weeks away providing we are in Level 1. There will be further information closer to the time.

Convention is one of the highlights of the Lions year for me and that is still the case for many as these are the Lions that turn up regularly to participate in the AGM of the District, elect the officers for the next year and have a great time socially meeting up with people they may not see very often at the Saturday dinner. It's a lot of fun to dress up according to the theme

Many clubs would make a holiday of the occasion and travel and stay together in the same accommodation. It is part of a club president's role to attend convention and be a voting delegate for their club. Its not too late. Registration Form is on Page 17.

And **after convention** it will be time to consider who we will nominate as our club officers for the next year, or maybe you might consider accepting nomination yourself. There will be training for clubs in each of the Zones and these are outlined in GLT Report on page 16. I guarantee you will learn something about Lions you didn't know.

See you at Silverstream on 12-14 March at Convention.
Editor Mary

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Dear Lions,

In the new year, let us continue to embrace diversity in our clubs and communities. Greater good can only be achieved when we join together as one. Spread kindness that encourages others to pay it forward. Happy New Year, Lions!



The coronavirus (COVID-19) pandemic is continuing to impact the work of Lions around the world. As you know, it has also created financial hardships for our Lions and the people for whom we care.

To support the incredible men and women serving with us, the International Board of Directors unanimously passed another resolution to help our clubs, including charter and entrance fee waivers and flexible payments. For more details, visit

<https://bit.ly/3sFxR3L>

(ctrl+click to access)

Regards,
Dr Jung-Yul Choi
International President



Update from CC David Peart

Proposed changes to the constitution including the processes needed if, for any reason, a face-to-face Convention cannot take place were agreed by the Council of Governors in their full zoom Council meeting on February 8th. These changes are based on the changes being made by the Board of Lions Clubs International following their decision to proceed with a Virtual (electronic) Convention instead of the planned Montreal Convention in June.

Also addressed was the need to change the rules surrounding auditing of club and District accounts. These need to change to allow accounts to be reviewed rather than a full audit that is currently imbedded in Lions rules.

There has also been progress on the proposal for a mobile cancer screening vehicle. More information will be provided at your District Conventions, so I urge you to register and attend. You will have fun as well as learn more about your organisation and the fantastic service done by many clubs. Find out more and register on our [website](#). (ctrl+click to access)

LCI Board of Directors takes steps to help our clubs

The coronavirus (COVID-19) pandemic is continuing to impact the work of Lions around the world. As you know, it has also created financial hardships for our Lions and the people for whom we care.

To support the incredible men and women serving with us, the International Board of Directors unanimously passed another resolution to help our clubs.

Here is an overview of the new resolution approved by the Board of Directors:

- Charter and entrance fees waiver – We have waived all charter and entrance fees from January 1 through June 30, 2021. Flexible payments – No clubs in good standing on December 31, 2020 will be suspended or cancelled through June 30, 2021 for late payment of dues. Full payment is required to be received before June 30, 2021 to avoid suspension or cancellation.

- Please note that clubs placed on financial suspension on December 31, 2020 will remain on suspension until the full balance is paid. Those clubs will still need to address their outstanding dues or make arrangements for repayment with the Accounts Receivable Department at Lions Clubs International to avoid cancellation scheduled for March 1, 2021. (If Clubs are in doubt check your Club's status with your Zone Chairman)

These additional measures will help Lions facing financial hardships and give our clubs the support and encouragement they need during these challenging times. For more than a century, Lions have taken on the greatest challenges facing humanity, and together, we will overcome this.

The world needs Lions now more than ever, so thank you for your outstanding service and commitment to our communities and the world.

From LCI Website www.lionsclubs.org



ANZI Pacific Forum Comes to Cairns in 2021

It will be a great event held 3-5 September 2021 and will be a great way to celebrate the liberation from tight Covid 19 restrictions.

More details regarding registration will come in future editions of InforM.

2021 Lions Clubs International Convention Moving to Virtual Event

Due to the continuing concerns about the coronavirus (COVID-19) pandemic, the board of directors voted to transition the 2021 Montreal Lions Clubs International Convention to a virtual event that will be delivered totally online. This decision was made with the health and safety of our Lions, staff and vendors in mind as limiting international travel and large gatherings is key to global containment strategies.

Although we are disappointed that we won't be able to host this event in person, we are excited about hosting our first virtual international convention that can safely connect Lions from around the world. We are still finalising the details of your new convention experience, and will share those with you as soon as they are ready.

Here are some important details about the 2021 virtual convention we'd like to share with you:

- Everyone's invited – Our 2021 convention will be a virtual event that's open to all Lions and Leos around the world.

- Registration fees – The registration fee will be US\$50 until March 31, then US\$75 beginning April 1. The registration fee for Leos will be US\$30 regardless of date. Convention is currently scheduled for June 25-29. Additional event and registration details will be provided soon.
- Current registrants – Lions who are currently registered for convention will receive an email soon with more information about their registration options.
- Elections – Executive officer and international director elections will be conducted electronically, and voting procedures will be forthcoming.

Convention updates – Check our convention website [LCiCon](#) (ctrl+ click to access) convention updates and details as they become available.

This global health pandemic has forced us all to make decisions and changes that place health and safety first. However, we are optimistic that with each new day there is hope, and as Lions, we continue to find new ways to stay connected, safely serve our communities and continue our global mission of service.

We appreciate your understanding during this challenging time for our organization and the world, and thank you for your incredible service as a Lion.

Red Puppy Appeal

Every day, an average of six people turn to Blind Low Vision NZ for support with their sight loss. On **Friday 26 and Saturday 27 March**, this appeal will raise funds to train and care for a new generation of much-needed guide dogs. Guide dogs help people who are blind, deaf-blind or have low vision, to retain their independence and move through life safely and confidently. Blind Low Vision NZ Guide Dogs breeds and trains about 100 puppies each year, and it takes nearly two years, and more than \$50,000 to raise and train just one guide dog. Blind Low Vision NZ runs the country's only guide dog breeding and training facility and as they receive no government funding, it has to be 100% funded through the generosity and support of Kiwis. I thank all those members who have responded to their club's appeal for collectors for the Red Puppy Appeal and if you haven't yet, please do so.

Jennie Vowles LCI 202M Cabinet Support Vision

This amended article was taken from 'The Roar' - Karori's Club magazine. Blind Low Vision NZ will be collecting for the Red Puppy Appeal in other centres in District M. Give them a call to ask if you can help. Ed.



The Red Puppy appeal is coming up on 26th - 27th March. As a club, we have been supporting this appeal for several years, and will do so again this year. **Carterton Lions**

The Great Kiwi Internal Youth Exchange

How can your club help with hosting?

Youth exchange is a rich and rewarding experience for all who take part. It is a wonderful opportunity for your clubs to send or host a young person aged 15-18 years to and from a different part of New Zealand. Think of 'town and country' experiences across the lower half of the North Island within 202M and 202D Districts.

The proposed hosting period is **Saturday 2nd October to Sunday 10th October 2021.**

We need to have host families and exchangees applications no later than 2nd August 2021.

The following are ways in which everyone can help.

Hosting- are you able to host 1 or 2 young people in your home for a period of up to 7 days?

The day programme- each club need to work out an interesting programme for the time the exchangee is in their area.

Activities will depend on where the exchangee is from. The Youth Hosts will be expected to provide bed and breakfast, with you as the Host Club members, assisting every day with day trips, activities, meals, working bees, club meetings and the like. Wherever possible, an evening meal should be included in the day programme to reduce the load on the Youth Hosts.

Support for hosts - Grocery basket- the club may wish to put together a grocery basket to help keep the cost down for the host family during hosting. Petrol vouchers are another useful option.

Meals- it would be a great idea to have a small club get-together (if a Lions meeting is not scheduled) to share a BBQ tea or lunch etc. with members and the exchangee. This might also involve the Club Members children and / or grandchildren to spend time with the young person.

Costs. Clubs will pay a **single fee of \$150.00** to their respective District Youth Chair for each exchange student that is selected to travel. An invoice will be sent to the Club once the student has been selected and has agreed to attend. Each selected student will receive and retain a smart Lions Jacket and cap to wear.

Looking for host families- What to do next?

Look for Youth Host families within your community. Hosts do not need to be Lions and so Schools may be approached to ask if they have suitable Youth Exchange students **and/or** Youth Host families. Once found, the Youth Host family will complete an application form and complete a NZ Police vetting form. The vetting process will be organised and paid for by the Lions District Exchange Co-ordinator.

Host Club:

The Club President will select Club Members with the responsibility to meet host families, discussing destination options for their youth exchangee, organising local travel.

The Club members should support all hosting activities (inwards and outwards) as a club project where all members can help - meals, day trips, and visits so the day activities are not left solely to the Youth Host family or one member.

Finding Exchangees.

The basis of this programme is to reach out to those youth in our communities **who otherwise will not have the opportunity to travel within New Zealand** due to cost, lack of self-confidence, or lack of opportunity. This exchange aims to provide a **life changing experience** for youth by providing safe, positive and fun time that opens their minds for future life choices. This will probably be their first solo trip away from home.

Secondary Colleges are your best option and please ask the Principal for help in identifying suitable candidates. The Principal may also be your best friend when asking for Host Family assistance.

Applications: Applications must be completed with parental consent and will close 2nd August for the October 2021 exchange. This gives us enough lead time for all the administration to be completed.

Applicants must complete an application form and include a declaration of any health issues. Youth will also be required to have the COVID-19 vaccine if this is available by then.

The applications are sent to your Lions Youth Exchange Coordinators and we will then match the students and hosts together and make an exchange offer to the student. (Copy to the Lions Club). There is no guarantee of travel as we must find suitable hosts for each student. In some cases, students may be able to travel as a pair and staying in the same host home.

Once the youth exchange offer has been made and accepted by the student, The District Youth Coordinator will bill the Lions Club for the \$150.00 fee.

We will be sending out to all Clubs a package on this Internal Youth Exchange programme in the next two weeks.

Carol McMillan (Hastings Host) for Zones 1 to 3

Jack Hayes (Masterton Holdsworth) for Zones 4 to 7. We look forward to your support!!

Wellington Regional Children's Hospital Playscape - Update

We are pleased to provide this update on the Playscape.

Basically the whole new children's hospital is moving along on track and the internal fit-out is continuing as we speak. Last week the large Trusses to hold the link bridge between the New Children's Hospital and the main hospital were installed and the link will be finished in about two months. The lifts in the hospital are now working.

On the basis of Lions wonderful commitment, the builders have begun the preparations for the Lions Playscape. This involves the maintenance room being almost completed and the roofing on which the Playscape is to be erected is being made ready.

There have been a few changes to meet environmental concerns and these have been provided for in the planning. One of these is the change from the hexagonal shade panels to top class sunshades. This is due to the ultra-violet (UV) light for the sun. In fact, the new shade sails will be far more effective.

Over the next month the walkway from the hospital to the Playscape area will be completed.

It was thrilling to hear that the LCIF application for the matching grant has been successful. The LMLCCT application has also been successful. Well done to all involved. We still have just under \$90,000 to raise to reach our \$500,000 target, so please keep up the good work and the donations coming in.

We will soon discuss with The Wellington Hospitals Foundation ideas for signage plaque recognition.

Clubs are doing a great job and it is a pleasure to be associated with you all.

As an aside Mark Dunajtschik and partner Dorothy Spotswood are pleased with progress and the way things are coming together.

The updated photos show the Link Bridge Truss, progress with installation of the coloured fins along the lower level exterior as well as progress with the north facing balconies.

PDG Alice McDonald
GST Coordinator



HUNGERBALL GAME FOR BIG AND LITTLE KIDS!!

One of the hits this year at Camp Quality was the **HUNGERBALL game**. This is a fully enclosed inflatable play area with six goals and it is FUN – used by the Camp Quality kids until they desperately needed a break, they loved it. See their website below – they are available in Wellington and Auckland at the moment, but there are opportunities to have it in other areas with forward planning.

Recommended as great fun, Andu and his wife provided it free for Camp Quality (and drove down from Auckland to Masterton for the day to do so!!) but the daily hire fees charged are reasonable and it can be used as a fundraiser as well.

Worth having a serious look at for something that is definitely different for our 'little and big kids' to our usual bouncy castles, play sheds etc. Have a look at their website or call Andu and have a discussion about how it could be used with your Lions Club.

Cheers

IPDG Jack Hayes

P.S. Adults love it too!

'Can Tabs & Wine Bottle Tops'

Please take to the person who deals with aluminium collection in your club. **BUT** before bringing them to the meeting, please ensure that they are clean from foreign matter such as plastic, cork, and wire from Bubbly bottles. Beer bottle tops are NOT acceptable as they are steel. Everything **MUST BE** aluminium.

If unsure check with a fridge magnet.

This graph shows we are getting closer to our target each month. As the red section gets smaller we get closer to our target. Just a few more projects and we're done.

Good Job Everyone!!



From your District Diabetes Co-ordinator Glenys Hansen

The following article have been taken from the
Diabetes NZ Wellness magazine.

Eat



TALKING ABOUT DIABETES AND FOOD

Helen Gibbs explains how to have positive conversations with a loved one about diabetes and food.

It's human nature to want to help when a family member develops a long-term condition like diabetes. The problem is that our efforts can be unintentionally hurtful or harmful, adding to their confusion and distress.

Food, in particular, can be a touchy subject. Here we list six things we suggest not saying to someone with diabetes and explain why these comments might hinder rather than help your loved one make better lifestyle and food choices.

You have type 2 diabetes? That's not "serious" diabetes, so it's not really a problem - here, have some chocolate cake.

Sadly this is still the view held by many people about T2D despite the fact diabetes is a serious disease. A person with diabetes will develop serious life-changing complications within 20 years if they don't make diet and lifestyle changes and their blood glucose remains poorly managed. This is especially important because people are developing diabetes younger, in their 30s and 40s, rather than in their 70s and 80s. The younger you are at diagnosis, the longer you have to develop complications, including heart disease, stroke, kidney failure, blindness and nerve problems. Early intensive management of blood glucose is important and the consequences of poor control are serious.

SAY INSTEAD:

I understand you have type 2 diabetes, tell me what diet changes you are making to lose weight and manage your blood sugars? How can I/the family help?

Our Nana had diabetes - she went blind and had both her feet cut off before she died.

Knowing your family's health history is important, but hearing this kind of outcome could be terrifying to someone dealing with a new diagnosis. The key thing to note here is that there is no information about how Nana managed her diabetes. The definitive study demonstrating the importance of good glycaemic (blood sugar) control was published in 1998. This showed that with early detection and good management, everyone can live well with diabetes and not suffer serious side effects. Perhaps Nana was living with diabetes for years before being diagnosed and/or she didn't get help to manage her diabetes. She may also have had other health issues or smoked.

SAY INSTEAD:

Hey, did you know we have a family history of diabetes? Shall we make a time to talk about it? Nana was a real lolly queen, she had a big jar for the grandkids but she ate most of them herself. You don't need to be like Nana. Why don't you tell your GP about her, and ask her how to reduce the risk.



There is a cure for diabetes. I read this on the internet.

Although there is some really excellent diabetes advice online, there is also some bad and dangerous information. Health professionals are required to offer “evidence-based healthcare”, which means we have to base our advice on research findings. But things take time to filter down from research to practice and it can be frustrating for people who want to try something radical and different. This is where patient-centred care comes in. If a patient wants to try a new diet to lose weight, I will help them work out if it's the right thing for them by providing research-based evidence.

SAY INSTEAD:

I would be glad to be your support person at dietitian appointments or at diabetes education sessions. It would be good to get the latest advice about managing diabetes, diet and exercise, so we can get it right.

Don't bother changing what you eat, it won't work and they keep changing their minds about what's healthy and what isn't.

No wonder people get confused about what to eat when they have diabetes. There's a lot of misinformation, faddy diets, and healthy food “hype” out there because it's popular and makes money for the person who dreams up a new approach to losing weight or “curing” diabetes. Professional dietitians use the government's evidence-based *Eating and Activity Guidelines for Adult New Zealanders* (2015). If people followed these guidelines there would be far less type 2 diabetes in Aotearoa. See <http://bit.ly/2I7wV1i>

SAY INSTEAD:

Let's work as a family to make some diet changes so your diabetes is well-controlled – and this will also reduce the risk of everyone else in the whānau getting it too.

So, all the money you have been spending on dieting is a total waste. You got diabetes anyway.

Harsh words and blaming language do not help anyone. If someone eats emotionally they may well be driven to comfort eating to soothe the stress caused by that kind of criticism.

Being overweight is one of the risk factors for type 2 diabetes but there are many others, and some of them such as family history, increased age or having developed gestational diabetes when pregnant are things that can't be altered.

SAY INSTEAD:

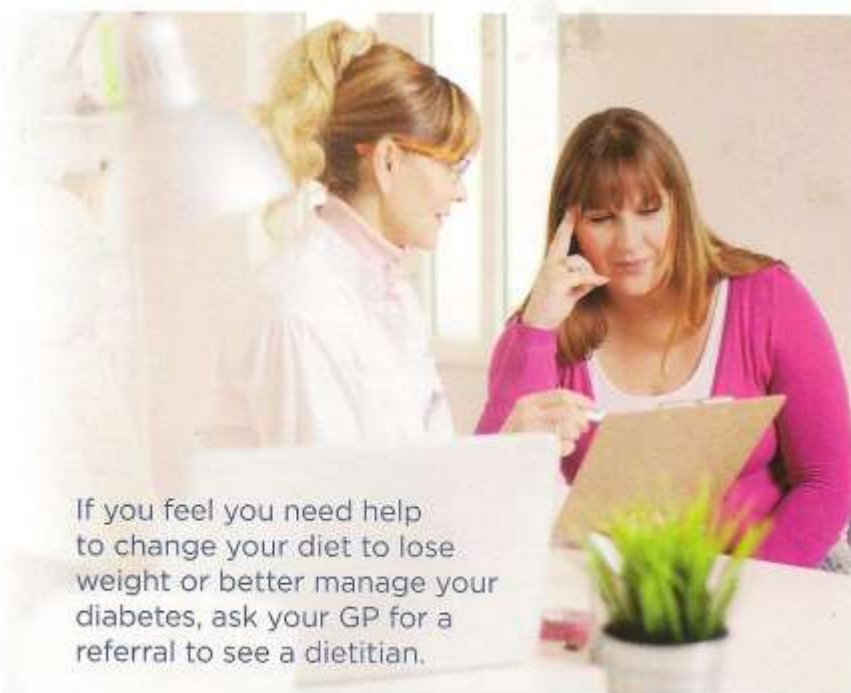
You must be feeling upset about having diabetes and I'm worried about your health. What can I do to help?

You shouldn't be eating that, you have diabetes.

Judging someone's food choices is likely to cause distress rather than change behaviour, even if it is done from a place of caring. Many of my clients talk about feeling really angry and powerless when someone criticises their food choices. Some of them have secretive and hidden eating behaviours that fill them with shame but feel this is the only way they can eat the food they want. For many people, unhealthy food habits predate their diabetes. They will struggle until they get on top of the reasons they eat.

SAY INSTEAD:

Nothing if it's a one-off. If it's part of a pattern of eating, ask what you can do to support them to deal with their feelings around diabetes. Food is seldom the real issue, it's more likely to be the feelings that they have about their diabetes diagnosis.



If you feel you need help to change your diet to lose weight or better manage your diabetes, ask your GP for a referral to see a dietitian.

Serves 4

Prep time 25 mins,
cooking time 10 mins

Nutritional Information

Average serving size 300 grams

Average quantity per serving:

Energy 1140 kJ (273 kcal), Protein

13.4 g, Fat total 7.4 g - saturated

2 g, Carbohydrate 32.7 g - sugars

7.3 g, Sodium 4.1 mg

½ cup brown rice

1 cup salt-reduced vegetable
stock

4 capsicums

2 Tbsp oil for cooking

½ onion

260 g red kidney beans

4 small, 3 medium-sized button
mushroom

½ courgette, diced

herbs (sweet basil/thyme)

½ tsp iodised salt

pepper to taste

30 g parmesan

Stuffed Capsicum

- 1 Preheat oven to 180°C.
- 2 Begin by putting the rice on to cook in the stock, plus another cup of water. While it boils, prepare the veggies.
- 3 Wash the capsicums thoroughly, then slice the top off (approximately 1 cm from the top). Cut the core out with a knife, being careful not to pierce the bottom and remove any remaining seeds with your fingers. Place the now hollow capsicums in a muffin tin, sprayed with cooking oil, which will keep them upright when they're in the oven. Wrap some tin foil around the stems so they don't burn when in the oven. Set aside.
- 4 Dice the onion and add to a pan with a splash of oil. Sauté until clear.
- 5 Rinse the kidney beans and add them to the pan to fry, followed by the mushroom and courgette. Add herbs and stir through.
- 6 Add 3 tablespoons of the stock from the pot of rice to the pan and stir. By the time the liquid in the pan has reduced the rice should be cooked. If the rice is cooked, but there is still some liquid left in the pot, put the rice in a sieve so the liquid can drain away.
- 7 Add the rice to the pan of beans and vegetables, stir and add a pinch of salt and pepper to taste.
- 8 Spoon the rice and bean mixture into the capsicums packing it in firmly. Once full to the top grate some parmesan over the top of the mixture and place the capsicum lid back on.
- 9 Place in the oven and bake for 10 minutes.

SUGGESTION: Simon and Alison's Tofu 'Mayonnaise' (page 85) is a lovely condiment for this side dish.

Marsha Mackie



Recipe taken from the Diabetes New Zealand
Cookbook "Eat Well Live Well"



DIABETES



ENVIRONMENT



HUNGER



VISION



CHILDHOOD
CANCER

ENVIRONMENT

Lions has an aging population. Many clubs no longer have a membership that is able to do the physical things they used to be able to do, such as clearing bush, planting native trees on hillsides, building tracks, etc. So, what to do?

Here is a suggestion. There are many volunteer groups carrying out all sorts of environmental projects and programmes. Identify one of them that fits well with the Lions environmental and service ethics, and see how you can support them. Identify whom best within the group to talk to, and have a couple of suitable Lions members approach them. Find out what help they need.

For instance, Lions could assist with publicity and/or coordination, and pitch up to a working bee with refreshments. If the group has already formed a Charitable Trust, Lions could provide some funding for a clearly identified objective. Or, if they have not formed a charitable trust, Lions may be able to help them do so. Sometimes there may be a few Lions in the club who are physically active, but need to work with others in the wider group to achieve something worthwhile. There is plenty of opportunity "out there." It is a matter of making the commitment to engage, and getting a couple of dedicated Lions on board. Then it becomes a win/win for Lions and the community.

Once again, I invite club Presidents and members to let me know what environmental projects you are busy with, so that we can share the news and experience around the district.

Thanks for caring about the environment – a legacy for our children and grandchildren.

Trevor Anders
LCI 202M Cabinet Support - Environment
Lions Club of Karori
trevoranders@outlook.com

***** Please share details of your environmental plans and projects*****

Could this be a project for your club - Check it out!!

Predator Free Wellington is linked to a number of volunteer backyard trapping groups across Wellington. Their generic email is: hello@pfw.org.nz (to access ctrl + click and this takes you to their Wellington office). They have a webpage which lists all the community groups and their contact details - see here: [Get Involved • Predator Free Wellington \(pfw.org.nz\)](http://www.pfw.org.nz) (to access ctrl + click) You will see the Kelburn Conservation Network listed on this page too.

Thank you PP Bruise Nesbit (Wellington Host Lions) for this article. Lions of District M - here is a way you and your club can become involved with the environment of our cities and surrounding areas. When you do please take photos and email me an article of the work you do. Environment is one of our Global Cause. Ed.





A World in Need

2.2 billion people have vision impairment or blindness ¹	NEARLY one-third of young teens worldwide have recently experienced bullying ²	1 in 11 people has diabetes ³
300,000 children aged 0-19 are diagnosed with cancer each year ⁴	~1 in 9 people lacks enough food to be healthy and active ⁵	Each day, 300 people die from measles ⁶
Weather-related disasters have grown more than 50% over the last 40 years ⁷	By 2025, half the world's population will live in water-stressed areas ⁸	

LIONS AND LCIF RESPOND

Devastation is experienced everywhere, every day. While many say the world's needs are too great to overcome, more than 1.4 million Lions globally say, "We Serve." With funding and expertise from Lions Clubs International Foundation (LCIF), Lions offer hope and positively impact lives.

Today, Lions and LCIF — the only foundation empowering Lions service on a global scale — continue a shared commitment to our world in need through Campaign 100: LCIF Empowering Service. LCIF's comprehensive capital campaign ensures Lions can increase their service impact, fight diabetes, and make meaningful progress in expanded global cause areas.

Please donate to Campaign 100 so we can answer the call to provide much needed funding where it is needed most!

Thank you for your compassion and generosity.

Jo Cameron
202M LCIF Coordinator



MEMBERSHIP MATTERS

Just ask!

Quick tips for effectively recruiting new members



1 Prepare Your Club.

Without proper preparation, your club's recruitment efforts will not be as effective as possible.

- Decide what your club would like to accomplish and how new members will help achieve this.
- Develop a member recruitment team that can focus on all aspects of member recruitment.

2 Create your club's growth plan.

Develop an action-oriented plan that clearly outlines your recruitment efforts.

- Determine who you will be recruiting.
- Determine where you will focus your recruiting efforts.
- Gather the materials you will need for your outreach.
- Set and promote your informational meeting.

3 Implement your growth plan.

- Reach out to target members as outlined in steps one and two.
- Host your informational meeting.
- Follow up with meeting attendees.
- Review your growth plan and adjust timelines if necessary.

4 Welcome new members.

- Conduct an induction ceremony.
- Ensure that new members are properly onboarded.

Don't forget to get your new members involved!

People join Lions Clubs International to serve—make sure that your new members are involved in ways that align with the reasons they joined your club.





202M District Convention 2021

12-14 March 2021, Silverstream



REGISTRATION FORM

Surname		First Name	
Club:		District:	
Lion Y/N	Leo Y/N	Office Held:	Delegate: YES/NO
Partner's Surname:		First Name:	Lion/Non Lion
Postal Address:			Post Code:
Email Address:		Phone No.	

REGISTRATIONS AND FUNCTIONS	COST	LION	PARTNER	TOTAL
Friday Night Opening Ceremony + Canapes	20.00			
Saturday AGM (no charge) Morning tea and Lunch	35.00			
Saturday AGM NO Morning tea and Lunch	0.00			
Partner's Programme	35.00			
Saturday Evening Dinner and Dance	60.00			
Sunday Rededication + Remembrance Service – light lunch	25.00			
Convention Pin	10.00			
LATE REGISTRATION FEE (If paid after 28 th February)	20.00			
Any Special Dietary Requirements:		TOTAL TO PAY:		

REGISTRATION & PAYMENT DETAILS - REGISTRATIONS CLOSE 28 FEBRUARY 2021

NOTE: LATE FEE of \$20.00 is Payable after 28th February 2021

202M District Convention

“Embracing Diversity”

March 12-14, 2021

Preparation is well underway for the upcoming District Convention at Silverstream Retreat.

Accommodation:

A large variety of on-site accommodation is available with bookings to be made directly with Sheree at Silverstream Retreat.

CONTACT: Sheree Hills | sheree@staywithus.co.nz, Silverstream Retreat, Phone M 022 1858926

Programme Outline:

The Convention will follow the usual programme with Friday Night Opening and Flag Ceremony, Saturday morning business session, Saturday afternoon 3*Convention Forums, Saturday Evening Dine and Dance. Sunday Morning will be the Remembrance Service, Rededication service and BBQ.

Guests:

International Guest: PID Ron Luxton and Janet

Friday Night Guest Speaker: Chris Bishop MP

Flag Ceremony: Ron Rowe

Presentations: Camp Quality, Playscape, Youth Exchange, Lloyd Morgan LCCT, LCIF etc

District Convention Forums:

- New Membership Workshop—PDG Alice MacDonald
- Telling your story/Public Relations/Raising your Profile—Ken Huberts
- Succession Planning for Survival—PDG Rex Bullard

Saturday Evening Entertainment: Chris Kirkland

Sunday Remembrance Service: Robyn and Ken Daniels

Rededication Service: PID Ron Luxton

District Awards: These will be presented to winning clubs during the convention.

Convention Booklet: This convention it has been decided that we will not print a booklet but will send out Cabinet Reports to all clubs at the start of March and only supply printed copies of the Accounts for attendees.

Convention Bags: With one of the main Lions Global causes being the environment, we will not be supplying convention bags filled with unnecessary items that get thrown away. We will supply a compendium to each registered Lion and will be looking to recycle as much as we can.

Photographer: Donald Lamont who is a regular photographer at Lions Conventions will this year be taking photographs throughout the convention which he will print and have for sale at \$6 each.

Registration Forms: These have been included in the last four “Inform’s” as well as being included in this month’s magazine. Please note that a LATE FEE of \$20.00 will apply for all Registrations received after 28th February.

Covid-19 Lockdown? In the event of a Covid type lockdown occurring we will move to an on-line convention and endeavor to carry-out as much business as we can via ZOOM or similar. Voting will be done via email to registered delegates. Hopefully, this won’t occur????

PDG Rex Bullard

202M Convention Chair

(GLT) Global Leadership Team—Updates



Lions Institute Courses:

Advanced Lions Leadership Institute: ALLI

The following Lions have been accepted to attend the next Advanced Lions Leadership Institute in Nelson .

Anne Richardson—Silverstream

Ken Huberts—Gisborne Wainui

Ron Wezenbeek—Kapakapanui

Themba Ncomanzi - Waipawa District

We look forward to these Lions contributions to their clubs and district in the coming year.

International Convention:

I am sure that by now you will be aware that this years International Convention will be held on-line. I encourage all Lions to register and be able to observe a Virtual Convention. For more info see <https://lclcon.lionsclubs.org>

(to access ctrl+click)

Here are some important details about the 2021 convention we would like to share with you now:

- Our 2021 convention will be a virtual event that's open to all Lions and Leos around the world.
- Registration is now open. The registration fee will be US\$50 until March 31, then US\$75 beginning April 1.
- Convention is currently scheduled for June 25-29.
- Executive officer and international director elections will be conducted electronically, and voting procedures will be forthcoming.

Convention updates and details will be posted at <https://lclcon.lionsclubs.org> (to access ctrl+click) as they become available.

District Convention:

It is not too late to register for this years District Convention 12-14th March and it would be great to see each club represented: There will be a number of presentations and forums covering a wide variety of topics including:

Update on Playscape, Camp Quality, the Lions Skin Cancer Project, LCIF, Lloyd Morgan Charitable Trust, New Membership Workshop, Telling your story/Public Relations/Raising your Profile & Succession Planning for Survival

Incoming Officer Training: Advanced Notice

Providing that we are not in lock-down at the time the following dates have been set for Incoming Officer training

ZONES 1, 2, 3,4 – May 22nd, Presbyterian Church, Dannevirke. Start 9.30am morning tea for 10.00am. Finish: 3 pm

ZONES 5,6 and 7 – May 23rd Venue: TBA Start: 9.30am morning tea for 10.00am. Finish 3.00pm.

Yours in Lions

PDG Rex Bullard

GLT Team Leader



What: Fun Team Quiz night
When: 14 March at 7pm
Where: 1841 Bar
**Why: Raising funds to build a
Playscape (rehab playground)
at the
Children's Hospital**

TICKETS just \$15

Email : murraygray@xtra.co.nz



**Johnsonville
Lions Club
Fundraising**





The Great Bin Project finally came to an end in June 2004, after 25 years of catering to the public's insatiable need for getting rid of rubbish. Come rain or shine, hell or high water, we were there on the first Saturday of the month, filling a fresh "dinosaur bin." Don Rennie will be more than pleased to tell anyone and everyone of the origins of the bin project, and its eventual demise, due to the WCC's waste minimisation programme with corresponding increases in tip fees. Pictured are some of the unusually large number of Lions in attendance at the last bin (Trevor behind the camera) – plus a couple of visitors, canine and otherwise.

Spirit of Adventure Appeal 2020 "The Inspiration Voyage"

Lions Clubs around New Zealand donated a record \$24,500.00 which has been gratefully acknowledged by the Spirit of Adventure Trust. The ship departed Auckland on 8 January and will have returned by now, but we are yet to hear any details.