

Lions Clubs International District 202J

#### **Zone Meeting Dates**

One	9 Aug
Тwo	11 Aug
Three	11 Aug
Four	26 Aug
Five	29 Aug

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**J-Times** 

**District Governor's Newsletter** 

**Together We Are a Team** 

#### VOLUME 39, ISSUE 2



AUGUST 2021

### **DG Christine's Comments**

ell - I hope everyone is surviving the winter and keeping warm. As I write this, we have had a week of subzero starts to the morning. Great weather to be having bowls of hot soup. I just hope that now we are past the shortest day the weather will slowly start to improve.

By the time J-Times comes out we will have had the Presidents dinner in Oamaru. Thank you to all the Presidents that attended. There was a really great turnout this year with only five clubs not being represented. This reinforces that it is perhaps the way to go by having a lunch instead of the old format of a Saturday evening function. If our Cabinet members looked a little jaded, please forgive them, as we had a really busy day on the Saturday for our first Cabinet meeting. Your new Presidents will have come back to your clubs with information that will help you as clubs progress through the Lions year. We have got a District Calendar this year for clubs to work with so I hope that as clubs you will take up the opportunity to do some of the projects, we here in New Zealand celebrate, and also some of our International projects.

As the new Lions year gets underway sometimes with new people at the helm or on the board, *PLEASE* let them have their say, as they bring with them new ideas, and these new ideas are the ones that will keep your clubs alive. So often we put down the new ideas, because, as the saying

#### **District Governor**

Christine Stewart (Kevin) 18 Trellech Place Ashburton 7700 Phone: (03) 308-5458 Mobile (preferred): 027 782 7694 202j.dg@lionsclubs.org.nz chrisstewart196@gmail.com Club: Ashburton County

#### **Cabinet Secretary**

PCC Graham Edge (Linda) 12 Wills Street Ashburton 7700 Mobile: 021 207 4318 202j.secretary@lionsclubs.org.nz g.l.edge@xtra.co.nz Club: Ashburton

# **DG Christine's Comments (cont'd)**

goes, "we have always done it that way". If someone in your club comes up with a new idea for a project, or way of doing things, please listen to them instead of brushing them off.

As Lions we are guided by the Lions Code of Ethics which guides us through our Lions life. The code has been written as a set of standards to which we as Lions should follow – during club projects and activities and while attending our club meetings. If I had to pick one that stood out it would have to be the very last **"TO BE CAREFUL – with my criticism and liberal with my praise; to build up and not destroy"**. The Code of Ethics is written out in our District Directory which every club will receive.

As Garth has written in his report, we are looking for some people to attend the Emerging Lions Leadership Institute in Christchurch. So, if you have someone in your club that is coming up as President, please encourage them to attend.

#### Quote of the Month:

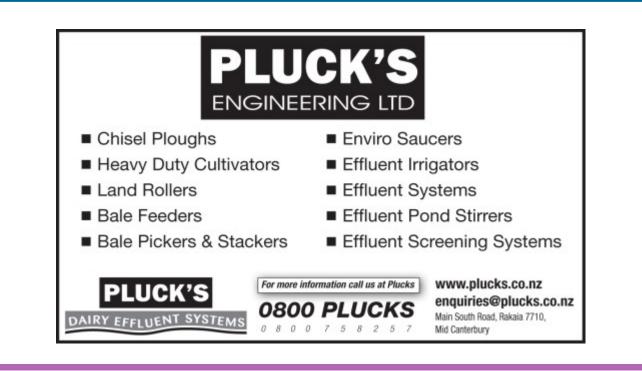
"Kind words can be short and easy to speak, but their echoes are truly endless."

Mother Teresa

District Governor Christine "Leader of the Pride"



#### Together We Are a Team



# **Presidents' Luncheon**

Sunday 25 July Brydone Hotel, Oamaru



Kevin Moore conducting a very interesting Berwick Outdoor Experience presentation.



Tail twisting, performed by GST Coordinator Judy Phillips & Zone 2 Chairman Gerald Burgess, raised \$407 for Berwick Outdoor Experience.

Javier Venegas, a 2021 Berwick Outdoor Experience participant & Brown Watch member, wonderfully entertained us during the afternoon. (See Dalice's speech, page 15)

Luncheon attendees listening to Kevin Moore.





### Starting the conversation

ur International President, Douglas X Alexander, is promoting four key areas. The first is 'building our capacity to serve'. This means growing membership. There are many ways to grow membership, but sometimes the simplest way is the best way.

1st VDG

This was illustrated to me on two recent club visits. At the Timaru Host changeover, the entertainment was a local harmony choir. In their introduction the choir leader told us what they did, where they met, when they met, and that they were looking for members. I thought they explained their set-up really well. I was at the Fairlie club tea meeting in July. Two people spoke to the members to promote a mental health awareness day that they were arranging. During the discussion a senior member of the club asked them if they wanted to join the club. Two young people promoting mental health awareness are exactly the members we need - community leaders.

What these examples show, is that when we start the conversation, membership becomes just part of what we do. The challenge is to feel confident to start the conversation.

> Jules Ellis 1st Vice District Governor



Trustees incorporated as a Board under the Charitable Trusts Act 1957 Patron PCC David Gault

n early heads up for everyone; it is the intention to restart the Trust Luncheon this year with an initial date set for Sunday 3<sup>rd</sup> October 2021, confirmed date, time, and cost to follow soon. **So, make a point in noting the date in your calendar.** 

Final figures for the last Lions year for 202J show that 94% (31out of 33) of our clubs donated to the Trust, which was the highest percentage in our Multiple District.

A total of \$20,130.00 was donated by 202J, the District received back in grants a total of \$25,000.

The closing balance as of 30<sup>th</sup> June 2021 for the Capital Fund stands at \$6,739,803; the income account \$161,342; Special Trusts \$965,848 and funds managed on behalf of others \$940,846 giving a total of all funds of **\$8,807,829**.

Cash available for grants and Loans \$132,117.

Please note below the list of Zone appointees who you can contact for information and who will represent the trust at your Zone meetings, please don't hesitate to contact your Zone appointee for assistance.

#### **Zone Appointees:**

- Zone 1: Graham Edge
- Zone 2: Josie Teahen
- Zone 3: Adrienne Alding
- Zone 4: Christine Bone
- Zone 5: Jim Pine

PCC Graham Edge LMLCCT Trustee 202J



# The Treasurer Talks

CI dues are now payable, and each club's account is listed under its own name on MyLion. Every club will have received an email advising of these changes. When logging onto MyLion remember that your phone number (which is your usual user ID) <u>must</u> be identical to the one listed with LCI;

Jan Stonyer (phones (03) 3089292 or 027 631 3454) can provide these number layouts if required - these numbers are sometimes listed in a different way to your normal usage because they are recorded by other people before they become an LCI record.

Remember also that if your MyLion ID is a phone number then to get into the site your number lock key <u>MUST</u> be on.

Remember that the dues statements on MyLion are listed in US dollars and must be converted and as previously advised the currency conversion rate is 1.427792 per US\$ for July only. If you pay the dues after 31 July 2021 then you will need to convert at the August rate which will be circulated to clubs on or about 01 August.

Please note that you do not need a board approval to pay LCI dues – their payment is an integral part of being a Lions club.

Multiple District and District dues accounts will be sent to clubs during August.

District 202J Cabinet Treasurer Meredith Lowe (03) 308 9292 or 027 535 4253

### **News from Paris**

ust prior to the Covid virus striking, Adrien & Gwladys Broult from France, were honeymooning in New Zealand. Being Lions, they asked to meet fellow Lions in our District. Port Chalmers invited them to visit & Sue Bainbridge & Judith Duckett took them out for breakfast when we exchanged pennants. They then went on a quick tour of Port before waving the couple off for their visit to Mount Cook (see article in J-Times, May 2020).

Adrien & Gwladys managed to get home before Covid took hold & they have kept in touch with Judith & Sue.

We recently received an email from Adrien telling us he had been elected President of his club – Paris Helen Keller - & sending us a photograph. If you look closely the Eiffel Tower is just visible in the background!

Port Chalmers have sent congratulations & good wishes from all in District 202J.

#### Source: Port Chalmers & District Lions Club



Newly inducted President Adrien holding the Paris Helen Keller Lions Club's charter.



# **Focus on Global Leadership (GLT)**

here are several Learning opportunities available during the current Lions year open to members both Lions and Leos.

These are either promoted by Lions Clubs International (LCI) or our own Multiple District 202.

#### Emerging Lions Leadership Institute (ELLI) – Christchurch 1 – 3 October 2021

- This is a LCI programme held in New Zealand each year. The focus is building the skills of Lions and Leos members for leadership opportunities at the club level, including the position of President.
- Topics covered include Lions Fundamentals, working in Teams, Local Issues and Opportunities, Public Speaking, Time Management, Member Motivation and Goal Setting.
- There is a maximum of 25 participants, "first in first served". Information has been sent to all club secretaries.
- Applications need to be directed to me as the District's GLT Coordinator.
- Email: <u>garthfb@xtra.co.nz</u> or contact me by phone to discuss: 027 250 4004.
- Accommodation and meals are covered by LCI. An Institute fee of \$200 and travel costs are the participants/club responsibility though our District will provide some financial assistance.

#### Other learning opportunities include:

- Mentoring Workshop via Zoom 7<sup>th</sup> August.
- Certificate in Food Handling (NZQA recognised) possible via Zoom November.
- Advanced Lions Leadership Institute (ALLI) Brisbane February 2022.
- ◆ Identifying Leaders & Succession Planning via Zoom 20<sup>th</sup> March 2022.
- ♦ Stand and Deliver, Wellington 16th-17th April 2022.

Garth Bateup 2<sup>nd</sup> VDG & GLT Coordinator

A Warm Welcome to	o New Members	<b>î</b> î
Ashburton: Michael Wells (Elizabeth)	(sponsor Peter Kennard)	
Green Island: Murray Spence (Angie)	(sponsor Ken Schumacher)	
Waimate: Peter Paterson (Lovelyn)	(sponsor David Owen)	



# **Public Relations & Communications Calendar**

Month	Date	Day
August	12th	International Youth Day
	14th	MD Speech Competition Finals
	19th	World Humanitarian Day
	28th	Cancer Society Daffodil Day
September	Month	Child Cancer Awareness Month
8	5th	International Day of Charity
	Week	Mental Health Awareness Week
	Week	Alzheimers Cuppa for a Cause
October	Month	Vision Awareness Month
۲	1st	International Day of the Older Person
	8th	Breast Cancer Pink Ribbon Day
	8th	World Sight Day
		Child Mobility Walktober
	Month	Membership Growth Month
November	Month	Diabetes Awareness Month
	14th	World Diabetes Day—Lap the Map walk
	15th	Peace Poster due to DG
December	3rd	International Day of Disabled Persons
	5th	International Leo Day
	5th	World Volunteers Day
	15th	MD Peace Poster posted to LCI

### **Keep Your Eye Out!**

Recycle old spectacles (without their cases - cases are not needed for the Pacific Islands) by dropping them off to any Specsavers shop.

Then select the cases in good condition from the discarded cases for a new fundraising life.

Get them to Genny Hanning at: Green Island Gallery 194A Main South Road Green Island Dunedin 9018.

Genny will get a team together to paint or decorate them for sale as trinket or earring boxes with the funds going to worthy Lions' projects.





### Focus on Zone 2 News

#### Pleasant Point:

Finished Opihi Route walking track. A visit to Tasman Downs very entertaining. Had hosted Liz Gregory whose topic was on the Gloriavale Leavers Trust Had a successful changeover.

#### Lake Tekapo:

Recent trip to Rex Simpson Hut in the Two Thumb Range to deliver firewood to this back country hut before winter set in.

#### Timaru Host:

Have been busy bagging BioBlend fertilizer. Still at Redruth planting. Visit to Temuka Lions Club. Visit also to Moeraki for Fish n Chips and socializing.

#### Timaru Suburban:

Working bees at Riding for Disabled Horse shelter, still working with Bike Park and alongside this have been raising funds for the proposed CPlay, a new community playground at Caroline Bay. Made cheese rolls and coconut ice also for fund raising.

#### **.** Temuka District:

Recently held a Pink Balloon Breakfast at the Shearers Quarters, monies raised going towards the Cancer Society. Ladies were also heavily involved in the recent flooding as Civil Defence wardens. Hosted many stranded travelers overnight.

#### ♣ Fairlie:

Holding MacKenzie Half Marathon soon and require a full attendance. Busy cutting firewood ready for ringing. Replacing/repairing windows in Lion House.

#### Temuka:

Been busy building new shed at Den. Have held a very successful fertilizer drive along with pea straw delivered. Been busy selling onions. Kindling and firewood also in demand.

Sent three students off to Outward Bound recently. Cellphone collection boxes being made for old phones.

#### Gerald Burgess Zone 2 Chairman

### 2021-2022 Peace Poster Contest

#### The theme is "We Are All Connected"

- Kits available from 15 January
   ONE Peace Poster Kit per Lions Club can be purchased from the Multiple District 202 National Office.
- October 1: Deadline to purchase kits from the Club Supplies Sales Department at International Headquarters.
- October 15: Deadline for a club to send one winning poster (per contest sponsored) to the District Governor.
- Recruit entries now
- Students ages 11, 12 or 13 as of November 15 are eligible to enter
- Info at: <u>https://lionsclubs.org/en/start-our-approach/youth/peace-poster</u>



### Introducing.... Zone 2 Chairman Gerald Burgess Club: Temuka

was born in Dunedin & resided on my family farm, "Haysrun", a sheep & beef run in the Puerua District of Owaka. I am the eldest of three children; my parents are Noelene & the late Inness Burgess. Attended Owaka District High School & then John McGlashan College in Dunedin for four years.

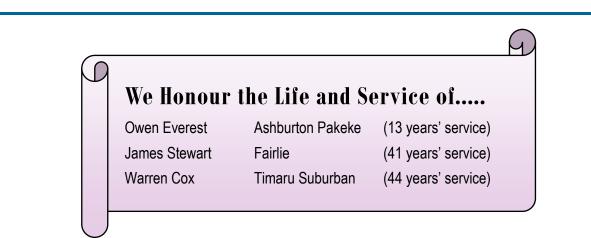
I returned to the family farm in 1978 where I worked for several years before working in Clinton on a sheep and beef farm for 15 months. In 1983 I went to Milford Sound & worked for two months before the THC hotel & walking track closed for the winter months. I returned home again for about 15 months, then decided to head overseas on my OE with my wife to be. Travelled Europe & then resided in London in Cranford suburb (West Hounslow) for 27 months. We both worked for a company called DHL & were very fortunate to do more extensive travel within the Company in those years working with them. Retuned home to NZ in late 1987 under Mrs Thatcher's orders as my time was up (work visa of two years).

Started work back on the family farm & it wasn't long before a new family was started. As my family grew so also did the family farm, buying neighbours & other properties in the area. Farming in the early 90s through to 2000 was most pleasant as prices were quite stable & although farming wasn't easy you had better ideas of looking ahead & making better opportunities. Farm was now 1,600 ha & running almost 13,000 stock units. My father was always looking for better ideas & increasing production from the stock we



produced. We purchased 1,000 Merino ewes & bred these for a number of years. Of course, our area wasn't known to be ideal for fine wool sheep, but the run was lucky as it lay to the north & health issues were no bother to them. But our family always preferred cattle & still do. Running almost 700 breeding cows & finishing off 70% of the offspring. In this period, we were struck down with Tuberculosis, & possums, stoats & ferrets were a big problem. A nearby Farming Institute rapidly sped things along by releasing the farmed ferrets in 1987. Over the years since then the family farm was divided up between myself & younger brother, & my parents retired on 550 acres at Owaka. Due to health reasons, I sold & moved to South Canterbury in 2012 & now have only 85 acres. It still keeps me rather busy. & some days feels no different to having several thousand acres.

I have three adult children. My two daughters are both early childhood teachers & currently mums; my son is in earthworks & spends his time at Millbrook or house sites in & around Queenstown & Arrowtown. I have five grandchildren. I have been a Lion for 20 odd years & was President of the Owaka Lions & twice here in Temuka.





### Focus on Zone 3 News

#### North Otago:

Have been busy on variety of service activities: Meals on Wheels, Kan Tabs for Kidney Kids, baby knitting for Plunket, commemorating ANZAC by placing poppies on the World War I Memorial Oaks service crosses. Fundraising activities have included their famous cheese rolls as well as catering for various functions & the Lions Forum in Oamaru. Their busy schedule does not disrupt their social Saturday morning coffee meetings as this, with their service activities, helps to bind the club together.

#### ♣ Oamaru:

Have used the quieter winter months to improve their ongoing fundraisers such as Lions Mints sales by looking for more outlets & increasing Lime sales by building a Lime bag stall at the Oamaru Recycle Centre. At their end of year meeting, the club made donations to LCIF, Lake Ohau, Camp Quality, Oamaru Victim Support, Oamaru House, Oamaru ATC, Oamaru Food Bank, St John & Starship Hospital as well as presenting a Lloyd Morgan award to one of their long serving members.

#### ♣ Palmerston:

This is the only mixed women and men Lions club in our zone & the ladies are leading by being nominated to the positions – President, Secretary and Treasurer – well done. Activities planned are a big manure drive & a quiz night. Provided a BBQ for a function at the East Otago Vintage Machinery Club's big machine museum in Palmerston.

#### ♣ Waianakarua:

Waianakarua with Waiareka Valley again showed that Lions clubs working together can achieve great results – their winter crop competition raised \$70,000 which has been donated to the Rescue Helicopter Trust and St John Ambulance. The club keeps busy with its manure & sawdust stalls, the food caravan at the Rugby finals & North Otago Rugby games, as well as ongoing maintenance at its McKerrow's Pond.

#### ♣ Waiareka Valley:

Besides the great fundraising effort in the above winter crop competition with Waianakarua Lions, club members have been busy on their regular fundraisers: sheep manure & sawdust, catering for various functions, & after receiving a big donation of logs have added firewood to their fundraising activities. Service activities included setting up for the Oamaru Flower Show & cleaning up gardens for elderly.

#### ♣ Waimate:

Have completed the painting of Lions seats around town in Lions colours & have built a roof over the Lions picnic table in Boland Park. Catered for the "Big Easy" with their food caravan & are planning for a fertiliser drive campaign next month.

#### Waimate Whitehorse:

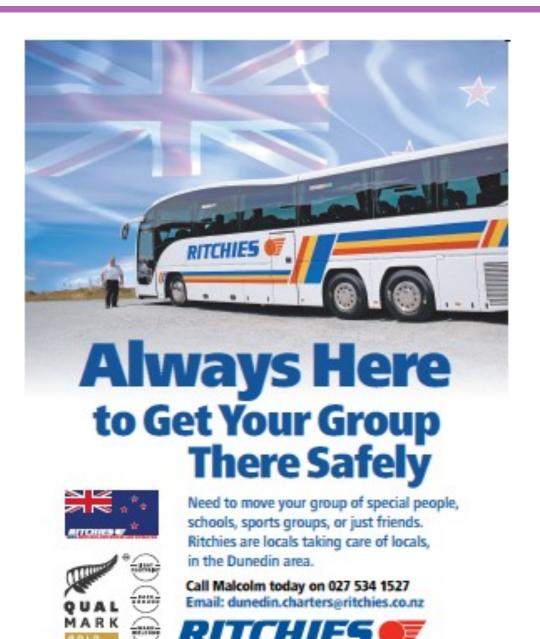
The club has helped in library & gifts at Lister Home residents, helped in raffles for Hospice, Salvation Army & Meal on Wheels. Raised funds through catering, raffles, garage sales, movies & cheese rolls for distribution to Child Cancer, LCIF, Lloyd Morgan & various needy local organisations.

Klaus Steiner Zone 3 Chairman

### Youth Activities: Doake Cup

For the calendar year 1 January 2021 - 31 December 2021

**Entries** to be sent to Youth Activities Chairman **Jenni Mattingly** before 28 February 2022:. mattinglys@outlook.co.nz, 1 Pretoria Avenue, Dunedin 9012



### Kan Tabs for Kidney Kids

• Sell your collected aluminium to a recycler:

Wine bottle tops - remove any wire, tear tabs

Clean crushed aluminium cans, aluminium trays, aluminium cat food containers, tea light candle holders

- other metals: e.g. steel use a magnet to identify & remove these
- some medication packaging is not pure aluminium &/or contains plastic do not include
- Bank the proceeds in the District 202J Charitable Trust: 03 0835 0031841 00 (tag it as Kan Tabs for Kidney Kids).



# **Used Spectacles Collection**

- The Cromwell Lions clubs have taken over the Ferrymead equipment for eyeglasses. Spectacles can be sent through directly to Lion Andy Andrews, 57 Horace St, Cromwell (ph: 03 445 3112 / 021 842 346) or they can still be delivered to IPDG Ella's office (details below) and she will organise delivery to Cromwell.
- So in future collect them from Specsavers and keep doing what clubs have been doing up to now with collecting eyeglasses. IPDG Ella will collect them at her office: (Design & Garden Landscapes, 205 St Andrew St, Dunedin)
- Heads Up For Kids/Kantabs/Spectacles contact/drop off:
  - Malcolm Lill: zones 1, 2, 3. (03) 693 7667 or 021 361 380
  - David Christie: zones 4 & 5. (03) 489 4113 or 027 956 7297

# **Used Hearing Aids & Batteries Collection**

- Hearing Aid batteries are now going through to Lion Andy Andrews in Cromwell (see Used Spectacles for details); Andy has someone in his area who is coordinating this. He has arranged for a transport company to collect them in Dunedin so again, if they come to IPDG Ella she can arrange for them to get to Cromwell.
- The money raised goes towards funding cochlear ear implants (government funding has been reduced).

# **Mobile Phone Recycling**

- Drop off at 2 degrees, Spark & Vodafone shops for the RE:MOBILE scheme which is accredited by the Ministry for the Environment. Sustainable Coastlines benefits.
- Autism NZ is teamed up with Swapkit NZ where old mobile phones are swapped for new technology. See: https://viberstore.co.nz/autism-nz/autism-nz-recycling.

















extend our Foundation's Campaign 100 Lions

District Governor Christine along with all other

District Governors throughout the world, have been

priorities this Lions year by encouraging all clubs to

financially support our very own Foundation. The

goal of LCIF is to reach \$US300 million which will

enable us as Lions to provide for and support our

It should be noted that LCIF was set up by "Lions

the global cause of your choice. All grants

distributed by LCIF are administered and

for Lions". Every dollar you donate to LCIF goes to

accountable by Lions; no such grants are dispersed

Since 1968 when the Foundation was established, the Lions of NZ have been the recipient of millions

of dollars for numerous large humanitarian projects,

way more than what has ever been donated by our

many global causes including disaster relief for

many years to come.

to third parties.

NZ Lions to the Foundation.

charged with making Campaign 100 one of their

Empowering Service fund raising initiative.

t the virtual International Convention, 2021 was described as the most difficult year in our Lions history hence the necessity to

\$300 million.

The COVID-19 pandemic has created an incredible time in human history, and we as Lions need to rise to meet the increasing needs of the less fortunate in the world. Empowering Lions service through Campaign 100 and making annual donations to LCIF will ensure that we can continue to offer service to those most in need.

CAMPAIGN 100

As International President Douglas Alexander said, his theme of "Service From the Heart" also means "Giving From the Heart". Plan now to ensure that your club does its very best to "serve from the heart" by planning now towards making a special effort in making a donation to LCIF's Campaign 100 in this final year.

> PDG Les Box, QSM LCIF 202J District Coordinator

P lease donate to LCIF so they can respond to worldwide need.

New Zealand has received more funds from LCIF after natural disasters & in times of crisis than New Zealand contributes to LCIF.

# **LCIF Lions Share Programme**

LCIF Lions Share programme is an annual programme that allows individual Lions to make a personal donation to LCIF by way of purchasing a Lions Share pin.

The programme provides for three levels of financial support:



One Star\$75Two Star\$150Three Star\$300

- You can choose which area of focus your donation goes to.
- Your donation is registered in your name and is eligible to go towards a Melvin Jones Fellowship and Campaign 100 recognition.

Order yours now through PDG Les Box, 202J District LCIF Coordinator.

### Speech given to the Rangiora Lions Club by Dalice, who they sponsored to BOE this year

i everyone, I'm Dalice. Thank you for having my husband Dean & I along tonight; it is much appreciated.

Firstly, I wanted to say a huge thank you for putting your trust in me & for picking me to be the lucky one to go to Berwick Outdoor Experience.

When I wrote my application, I wrote from the heart. I explained how infertility consumed me & we went through many years of IVF to get our children & I lost myself along the way. I felt like the luckiest girl in the world to finally have my two kids, but I was certainly stuck in a rut of "just being a Mum" & feeling very lost. I won't lie – when I found out I was picked while I was a little excited, I was mostly incredibly scared – especially after reading the list of gear we needed to take & then realising I was going to be away Mother's Day which now looking back that was pretty well played on BOE's part! I kept on thinking to myself "what on earth have I got myself into this time!" But backing out was never an option & something that I stood by the whole camp.

I had the most amazing, horrendous, incredible, scary, rewarding, challenging & ridiculously fun eight nights. It really is hard to put into words how great it was, & in the same breath how horrible it was!

I arrived on the Friday night slightly later that everyone else – this was all prearranged with the dear Kevin from BOE; Kev is incredible. The course founder & in charge of applications – I honestly don't know how he does it! He is in his 70s & joined in on many of the activities – he is a true inspiration. I had to be extra kind to him during the week for him letting me be late on the first day – it was \$150 cheaper to fly in at 6pm rather than 4pm! Kev showed me my bunk room & then took me to where everyone else was in the lounge.

I walked in & the main instructor Scotty was talking away, telling stories and laughing. I thought this guy sounds fun; this is going to be a good week. He then started to say we would be woken at 05:40 & that our first activity would start at 06 hundred & how our room inspection was going to be done at that time too. He continued to say what time our next activity would be & so on & so on; he was now up to 19:30 for night exercise 1, lights out by 22:30 – I was working out in my head when & how a shower & sleep was going to fit into that schedule, & I soon realised there wasn't such a thing as downtime & fun was not what I would call it!

I then met my team, the mighty Brown Watch, & we were all from completely different walks of life, ranging in age from 18 through to 56; we certainly were all very different from one another. We did the usual team bonding activities that night & had to tell each other why we were there, what we hoped to get out of camp & who inspired us. I said how my daughter Milly inspired me, she is 6 & often very scared & nervous in a situation, she will cry & then will take a deep breath & do it - & mostly love it! She's overcome some obstacles in her life & smashed it – so she was one of my biggest inspirations. I knew she would have been struggling at home without me - I told her I was going to camp to be brave like her, how I was scared but I was going to be brave & she needed to be brave at home too. She did well!

In the Brown Watch girls bunk room, I lay in my sleeping bag that night crying, missing home, wondering what on earth we were in for. Everything is top secret, & we don't find out anything until we are at that particular activity. I don't like that kind of situation – I like to know what is going on so I can prepare mentally - I certainly had to let that go that week! I also lay there thinking how my Brown Watch was so different to one another, we had young kids who hadn't had a full time job yet as just left school, we had a lady who was freshly out of rehab after being heavily involved in drugs all her life, we had people who at first I couldn't even pronounce their name & people I couldn't understand what they were saying because of their accent – & then we had me. The one who missed my family & kids so much & cried. A lot. But by the end of the next day none of that mattered at all, we, the mighty Brown Watch, were family. We were all in this together & we were a team. A mighty strong one at that.

### Speech given to the Rangiora Lions Club by Dalice, who they sponsored to BOE this year (cont'd)

We were the first team to head off on our tramp. Having heard that the instructors don't come with you & we were on our own certainly made me a little nervous, but as a team we set off. I am pleased I started at the gym the day after I was picked to go to camp as I certainly needed my fitness for the trek! It was very hard going; I do wish however I had of trained longer for it. We were told it was 15kms however the lovely Kevin also said "as the crow flies" which I've now worked out that meant in a straight line! Which it most definitely was NOT a straight line! As we were walking through the forest next minute all our phones started pinging & we realised we had reception! It was the most exciting time to quickly get a facetime call in back home. As there is no reception at camp, I found that really hard not being able to talk to my family - but in a way it was good as it would have made me more homesick for them! I was talking to my husband Dean on facetime, & he said to me "oh wow it's raining hard there" - I said no, no that's just sweat on my face! This is HARD! We knew we couldn't stop for long as we had to get to our hut before dark, so we carried on. Some 10 hours later we realised we were lost and apparently, it's a Brown Watch thing to do! I don't know about that - I still wonder if it's a setup! We managed to get reception, called for help & were picked up & showed where we went wrong which wasn't too far back; we didn't let it faze us though & we all certainly slept well that night!

The next day off we trekked again & then came to Lake Mahinerangi & the dam. This is where we abseiled. This was the most challenging but rewarding part of camp for me. I was the most scared I have ever been in my life. I couldn't stop the tears as I was hanging onto the rail – in fact I was sobbing, I was absolutely so petrified. Part of the reason I was so scared was I couldn't reach the shelf when you climbed over the fence – short leg problems! I was laying there trying to compose myself – not very well I must add! When one of my teammates said – Milly gets her bravery from you, Dal. And someone else said "You can do this, do it for your family, do it for yourself." They then told me they were making me a makeshift ledge – that I could stand on their hands & then onto the ledge. It was an incredible moment – again showing how strong we were as a team. I got my way over the ledge finally, took a couple of minutes to gather myself on the other side of the wall. It wasn't pretty, I had to really dig deep & really focus on my breathing – again with the help of the incredible instructor Beef & my Brown Watch family. I did it, I did it – I got to the bottom safely, & at the bottom was Jules, another amazing leader who alongside me was crying her eyes out too & gave me the biggest hug & told me how proud of me she was. I was also very proud of myself. I most definitely couldn't have done it without the support of my team.

That night we had another really special moment in the tent where one of our Brown Watch boys sung to us. He is an American Latin singer, & he was so talented! He sang "You'll Never Walk Alone", & "You Raise Me Up". Both songs especially "You Raise Me Up" are very special to me – it was one small tent for us all to be in there crying! The next day we got up & carried on our trek back to camp & came back different people. Stronger & more determined that's for sure.

We finished the week with all sorts of fun activities ranging from netball, cricket, team exercises, obstacle course, kayaking, confidence course, bridge exercises, river exercises & all sorts of things that are camp secrets!

I honestly cannot speak highly enough of Camp. How they do it for the price they do is incredible – but it comes down to one thing, the most exceptional bunch of highly dedicated volunteers. Who give up a week of their holidays from their hugely demanding jobs to be a leader at BOE for a week. To watch people, grow immensely must be so rewarding for them to come back year after year. All of the leaders have been on the course & know exactly what we went through which is something that is so hard to explain to people on the outside. They get it, they are there to cheer you on, pick you up – or tell you off if someone is caught swearing! But all in a fun

### Speech given to the Rangiora Lions Club by Dalice, who they sponsored to BOE this year (cont'd)

way. You should all be incredibly proud of the team down there – they run an amazing tight ship, one that I was so privileged to be on for a week.

Someone asked me if I cried much & the answer is most definitely. I cried when I was homesick, I cried when I was proud of myself, I cried when I was proud of my teammates, I cried when I missed my kids so so much, I cried after I had laughed so hard, I cried when Javier sung to us, I cried when I left camp – so yes there were a lot of tears. While there were a lot of tears – there were a lot of laughs too– so so many. With the leaders, with your team, with friends. It really was the best week. One I will forever be thankful and grateful for.

I am proud to say, I did well. Battered and bruised – I finished the course with my head held high & received a lovely report from Kevin. I got the most

amazing welcome at the airport from my family with the kids holding a sign saying "Welcome home Mum – we have missed you!" YES, I cried hard!

I did what I set out to achieve – to do something for ME. To learn to overcome things, that it's OK to put myself first sometimes & that I can do things that my brain tells me I can't.

I have got a new outlook on life now & I am excited with what my future holds so to the Rangiora Lions thank you, thank you, thank you.

PS Please choose my husband next year – it would be incredible for him, but also then I can talk to him about things that are secret from camp that I can't share with anyone else!

Thank you all!

Source: Kevin Moore Berwick Outdoor Experience

#### Club bulletins - Please send your club bulletin to:

- Your Zone Chairman:
  - Zone 1 Malcom Read (202j.zone1@lionsclubs.org.nz)
  - Zone 2: Gerald Burgess (202j.zone2@lionsclubs.org.nz)
  - Zone 3: Klaus Steiner (202j.zone3@lionsclubs.org.nz)
  - Zone 4: David Bond (202j.zone4@lionsclubs.org.nz)
  - Zone 5: Paul Black (202j.zone5@lionsclubs.org.nz)
- all the other clubs in your zone
- DG Christine Stewart
- 1st VDG Jules Ellis
- 2nd VDG Garth Bateup
- Cabinet Secretary Graham Edge
- GST Coordinator & Media Manager Judy Phillips (202j.gst@lionsclubs.org.nz)
- GMT Coordinator Ken Whitcombe (202j.gmt@lionsclubs.org.nz)
- J-Times editor Beryl Naismith
- Lion magazine editor (Tony Fawcett: editor@lionsclubs.org.nz)



# The Lions logos above are the official Lions logos

#### - & have been since 2008.

They can be downloaded from the LCI website at: www.lionsclubs.org/en/resourcesfor-members/resource-center/ logos-and-emblems

There are also other official versions available from that LCI website.

Please do not use obsolete Lions logos in your bulletins & correspondence - they are old fashioned & do not convey a modern image. We are trying to attract younger members.

# **Club Visitations**

#### August

U		
Mon 9	Timaru Host (DG Christine Stewart)	
Mon 9	Palmerston (2nd VDG Garth Bateup)	
Tues 10	Dunedin Host (DG Christine Stewart)	
Tues 10	Mosgiel District (2nd VDG Garth Bateup)	
Wed 11	Taieri (DG Christine Stewart)	
Thurs 12	Pleasant Point (DG Christine Stewart)	
Tues 17	Hinds & Districts (DG Christine Stewart)	
Wed 18	Temuka District (DG Christine Stewart)	
Wed 18	Milton (1st VDG Jules Ellis)	
Thurs 19	Fairlie (DG Christine Stewart)	
Thurs 19	Otago Peninsula (1st VDG Jules Ellis)	
Wed 25	Geraldine (DG Christine Stewart)	
September		
Wed 1	Timaru Suburban (DG Christine Stewart)	
Tues 7	Strath Taieri (DG Christine Stewart)	
Mon 13	Balmacewen (DG Christine Stewart)	
Tues 14	Geraldine Lioness Lions (DG Christine Stewart)	
Wed 15	Dunedin South (2nd VDG Garth Bateup)	
Thurs 16	North Otago (DG Christine Stewart)	
Mon 20	Waimate Whitehorse (DG Christine Stewart)	
Tues 21	Green Island (DG Christine Stewart)	
Wed 22	Methven (DG Christine Stewart)	
Tues 28	Oamaru (DG Christine Stewart)	



The District Governor, 1st & 2nd VDGs, & accompanying person, & cabinet officers on official business, are guests at your meeting - they do not pay.

# Reminder

# Clubs:

Please confirm District Governor Christine's visit (or her deputy's) venue, date and time with: Cabinet Secretary Graham Edge 12 Wills Street Ashburton 7700 Mobile: 021 207 4318 Email: g.l.edge@xtra.co.nz 202j.secretary@lionsclubs.org.nz



### Focus on.... Coming Lions Club Events

where your support would be appreciated

What	Date	Details
Waiareka Valley	Thursday 7 October 5pm	<ul> <li>40th Charter Anniversary Dinner</li> <li>♦ Brydone Hotel, Oamaru</li> </ul>
Dunedin Host	Saturday 13 November Dunedin	<ul> <li>60th Anniversary Dinner Celebration</li> <li>Any past members who are interested in attending this dinner please contact: Shelley 027 325 2880 <u>shelleylionsbusiness@gmail.com</u> David P 027 3690626 <u>diphillips@xtra.co.nz</u></li> </ul>

Deadline for September 2021 issue is 15 August 2021. Please send details to Editor Beryl well in advance.



# **Dates to Diary**

#### 1 - 3 October

 ELLI (Emerging Lions Leadership Institute), Christchurch

#### **3 October**

 Lloyd Morgan Lions Clubs Charitable Trust luncheon, Timaru



#### **Cabinet Treasurer**

Meredith Lowe (Jan Stonyer) 220 Cochranes Road RD 7 Ashburton 7777 Phone: (03) 308-9292 Mobile: 027 535 4253 Email: 202j.treasurer@lionsclubs.org.nz Club: Ashburton

#### **1st Vice District Governor**

Jules Ellis (Michele Blakemore) 1345 Clayton Road Ashwick Flat Fairlie 7987 Mobile: 029 650 0542 Email: 202j.vdg@lionsclubs.org.nz micheleandjulian@gmail.com Club: Fairlie

#### **2nd Vice District Governor**

Garth Bateup (Christine) 48 Kelvin Cresent Ashburton 7700 Phone: (03) 308 4506 Mobile: 027 2504 004 Email: 202j.2vdg@lionsclubs.org.nz 202j.glt@lionsclubs.org.nz Club: Ashburton

#### **J-Times Editor**

Beryl Naismith (Robert) 51 Fernbrook Road Oamaru 9400 Phone: (03) 437-2762 Mobile: 021 1144 292 Email: 202j.editor@lionsclubs.org.nz Club: North Otago

# **Stop Press**

- 1 3 October
- ELLI, Christchurch

#### **3 October**

 Lloyd Morgan Lions Clubs Charitable Trust luncheon

Timaru

### International President Douglas X. Alexander 2021 / 2022



#### **Service from the Heart**

J-Times can be viewed online at the MD 202 website at <u>https://</u> www.lionsclubs.org.nz/about/districts/ central-south-island-east-coast /202jdistrict-news-bulletin

202J Webmaster Russell Hancox Phone (03) 467-5126 Email rushcox@xtra.co.nz