



SOUTHERN

CHRONICLES

The Official Bulletin of
Lions Clubs International 202F District

April
2023

Jeroen Schuurmans
Together we serve as...one
Together We Can



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Hello lions and friends of the lion's family.

We were lucky enough to see the new Te Wao Nui Child Health Service in Wellington at the start off March. What is so special about this new children's hospital is individual Lions, Lions Clubs, The Lloyd Morgan Charitable Trust, and Lions Club International



Foundation have funded the outside playscape. It was officially opened on Sunday the 5th of March 2023 and the first children will be transferred over on the 11 of March. This was a big project, worthy of seeing for myself. It was definitely a big project, 'something out side of the box'.

COMPUTER CAPERS 2023



This year's topic
Together we serve/work as one

- This competition has two sections
- Junior Years 4, 5 & 6
 - Senior Years 7 & 8

I encourage your club to go to your local Primary school and ask to enter the students for Peace Poster the winner will go next year to International Lions Convention Melbourne in Australia. This year the theme will be "Dare to Dream". Students have to be 11-13 years old to enter and it will close on the 20th of October 2023.

Lions International
PEACE
Poster Contest

On the 21st of April, I went to Borland to see our Future young leaders from district 202F , this year we have 29 leaders on the course.

Continues...





Thanks to our Lions Clubs who have sponsored the participants and Adventure Southland to make this Leadership course happen.

Some interesting Anniversaries. Gore Host 60 years
 Balclutha Valley 30 years
 Wanaka upper Clutha 30 years
 Wyndham pioneer 30 years Congratulations to all.

Update for Cyclone Gabrielle

Lots of products have been purchased, but this time a more targeted approach in particularly what has been asked for by the community? Jugs, microwaves, farming stuff, and fencing gear.
 Within an hour, we asked for earmuffs, hand cream, and better gloves all paid for by LCIF -funds, and put an order at Pak'n Save for the daily essentials also paid by LCIF funds.
 202D is looking to bring their health check bus across.

Furniture is coming from Auckland and the Curtains from



PRESIDENT'S MESSAGE

Together we can with
Brian Sheehan
Lions International President



Generations of Service Make Us Strong

Hello, Lions!

It's amazing but not at all surprising to me when I meet a Lion who has served for five or six decades. Lions are the most dedicated people I've ever known. We live to serve, and we know our actions have real impact.

But if we are to make a lasting impact, we must continue to bring new generations of Lions into the fold. Young people have skills and life experiences that can strengthen what we do and how we go about doing it. When experienced Lions welcome a new generation of members, clubs are strengthened, their service is enhanced, and they are more likely to succeed well into the future.

And that's what this is all about, after all—ensuring the work we do, the kindness we sow, and the lives we change, go on..

Make a great day,

Lions Clubs International President

Brian E. Sheehan

Brian E. Sheehan
International President, Lions Clubs International



We Serve.





ROWING FOR LIFE

Global Service Team Corner

Sue Evans

This Event is happening with a trial run around Stewart Island in November/December this year and then the main Event happening in January/February 2024. Last year Ian Hamilton and his team were going to row from Bluff to Kaitaia but Covid put a stop to this. The five charities to benefit are: • Surf Life Saving NZ • Child Cancer Foundation NZ • Starship • Lions Clubs Mobile Skin Cancer Screening Service • Chalky Carr Trust – Supporting people impacted by cancer. As a true 'Team of Five Million' and with the support of media coverage, Ian is sure that we can raise \$5 million dollars, \$1 million for each cause - simply \$1 from each person lucky enough to live in New Zealand. Lions Clubs throughout New Zealand will be a huge part of the support and fundraising during the event.



Instead of my usual GST Corner for this month I would like to follow on from the Chalky Carr Trust Article I did in March which is around supporting un-funded drugs. Jo was one of the recipients of this Trust.

Continues...



Below is Jo McKenzie-McLean's Story:

Recently I found a letter I had written 28 years ago to my future self. I have always been a night owl, and according to the detail at the top of the letter at 1.20am, the 16-year-old me obviously deep in thought had a vision of how she wanted her life to turn out and felt a need to write about it. By 35 I should be in a good job, travelled overseas and have had two children with a third on its way. Offering some seemingly wise teenage guidance, I tell my future self: "When you have children remember, when they get to 16 trust them and let them go to parties and let them have boy or girlfriends over.

You may let them drink a little bit. Say a couple of beers with friends because if you remember you were never allowed to do anything like that and it really pissed you off."

There were some insightful and wise words also written. I encouraged my future self to speak out if I had a problem. "I may be inexperienced but let me give you some advice," I write. "If you are in trouble, seek help. Don't bottle things up inside. Don't be afraid to speak out and share your problems." I also wanted to make a difference: "I hope I have achieved something that is making me feel like I am doing something worthwhile. Say by helping children in Russia, homeless people, Green Peace - or something." "Wouldn't it be a bummer if I had died ... Who knows?" I write. Who knows indeed. I certainly never saw myself sharing my story through news articles, podcasts, social media, speaking events and the like about having stage four bowel cancer. I never imagined the difference I would be making, would be speaking out about my experience in the hope it would save lives. But, here I am. Thankfully, I am actually healthy enough on my current chemo drug to be able to have the strength to share my story. My health is up and down. = Two months ago, I had a 2kg-sized tumour removed from my ovary. I consequently had the other ovary removed that was also cancerous and they also removed my uterus. I've been suffering ongoing complications from that surgery but still managing to get out and about - I even managed a wee lake swim that turned into a rescue mission. (see Stuff story). Over the past two years, living with cancer and having fortnightly unfunded chemo treatments in Dunedin has been draining and costly - but it's keeping me alive. The side effects can be debilitating but it's worth the pain for me to be able to squeeze as much life out of me as I can and spend as much time as I can with my precious family and friends. My hope is/was the tumours will miraculously shrink away. I know my condition is incurable. I've accepted that (kind of), but I haven't lost hope that some trial or new drug will extend my life into old age. With that said, my latest appointment with my oncologist covered some different drug treatment. My blood is going to be sent to the United States for testing to see what is happening with my tumours and try and match it accordingly to the next drug I have to move to as my current regime appears to have stopped working and my cancer blood markers are increasing. He also mentioned a trial in America that could be an option later this year but those decisions are for another day. Lots of people say to me, "you look too healthy to have cancer", "but you've still got all your hair". Well, unfortunately, looks can be deceiving. Cancer can be deceiving. It certainly deceived the medical professionals I went to in 2018 telling them I thought there was something wrong with my bowel movements and could I get a colonoscopy.

I was turned down twice for a colonoscopy that year because I didn't fit all the criteria, despite also telling doctors my uncle had bowel cancer and my nana had died from it. So, denied those crucial early tests, here I am today. Standing before you with stage four bowel cancer. The tumour Dr Deborah Wright cut out in January last year at Dunedin Hospital was so gnarly it nearly gave her a grey hair she told me after the surgery. Every way it could have spread it had. It metastasises in my liver and I also have spots in my lung. Bowel cancer is one of the most survivable cancers to have - if caught early enough, and I can't stop seething at the barriers people face getting those life-saving

GST Corner

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tests. Even as I lay hunched over in pain, vomiting and unable to go to the toilet days before my diagnosis, I still struggled to get the tests I needed. And it wasn't just medical red tape being wrapped around me, it was the attitude and perceptions of some people around me. In January 2021 I self-admitted to hospital in Clyde. I had been in and out of seeing my GP complaining of stomach pain which they put down to some sort of gastrointestinal bug or possible food poisoning. In the hospital, originally they suspected possible gallstones, then simply constipation or a reaction to my arthritis drugs. They gave me horrendous amounts of

laxatives and enemas without much success then a doctor sent me home. I vividly remember him standing in the doorway doing his morning rounds. He asked me to feel my own stomach which I said felt fine. That was good enough for him to discharge me. I was concerned about what I should do if the pain came back, and suspecting something more sinister was happening with my bowel I asked for a colonoscopy referral. The doctor laughed back at me telling me most people don't ask for them as they weren't very pleasant. He didn't give me the referral. The next day I again ended up at my GPs with excruciating pain and was sent away with pills for stomach cramps. The next day I took back up – my mum. We also got a different GP who treated me completely differently. She immediately took notice of my condition, did a thorough examination and was on the phone to Dunedin Hospital. I was sent back to Clyde again for a CT scan and was warned they would want to do their own assessment on me before giving me the scan. I am still perplexed at their reluctance to do a CT scan. We had to fight to get it, and it was only after the doctor made calls to Dunedin ED and my rheumatologist that I was granted one. My rheumatologist had told the doctor the drugs I was on could affect the liver and a CT scan would be necessary to detect any problems. I'm 99% sure the CT isn't going to show anything the doctor said before sending me home. The next morning mum and I drove to the hospital talking about where we should go for morning tea. It was her birthday. Walking into the hospital with smiles on our faces we were guided to a different room than I had been in previously. It was an emergency room near where the air ambulance crews pick up patients. I suddenly stopped smiling. It's hard to describe the feeling of being told you have cancer. It was like time stood still and all the breath inside me had been vacuumed out. The doctor's lips were moving but I couldn't hear her voice. I'm sorry but you were right. There is something wrong with your bowel, you have cancer, and it's also in your liver. I was paralyzed. I guess that's what shock feels like. The only other time I remember feeling remotely similar was when my stepdad called me to tell me my brother had died. He took his life in 1999. After a time, sound started returning to my ears and I could hear myself asking if I was going to die. It doesn't look good was all she said. I cried, I shook, I seethed.

The next part happened in a hurry. There had been a bed block at Dunedin Hospital so I was waiting with about half a dozen other patients who needed all sorts of treatment. One man had suffered a heart attack, another needed both his legs amputated, a woman needed a broken arm operated on. I ended up in the back of a transport ambulance with an extremely elderly man called Arthur. We were facing each other and were so close I could thankfully keep pulling his blankets back over him he kept thrashing off. A nice nurse I had once written a story about had given me a wee top up of some drug that relaxed me so the entire drive felt like I was in a Tim Burton movie. I arrived at Dunedin Hospital for urgent bowel surgery. Waiting for the surgery was when the fear really set in. I remember lying in my hospital bed looking out at the hills wondering how on earth I had got here. I lay awake thinking about my two children, crying with worry. My partner squashed into bed beside me holding me till I would eventually fall asleep but not before telling me that whatever we need to do to beat this we will. My radiologist happened to be an old university flatmate and he popped up to see me. He told us mind-set played a huge role in recovery and trying to get through this nightmare. Bring it on. Prior to my diagnosis, I was active and healthy. I had been training for an ultra-marathon with a friend before an injury took me out. My friend was a tough trainer and he would have me

Continues...

GST Corner
Continues...



““”

sprinting up cliff faces and running Jo McKenzie-McLean through rambles. I loved it. Well, when I came out of surgery, yes I was drugged up, but I had a vision. I was climbing up a steep mountain. My friend Glen was there but was to the side. It was morning and a pink sunrise was making the sky glow around me. I was high enough for there to be clouds below me and there was some snow on the peak of the mountain. It was a huge mountain...like a Mount Cook mountain. Glen was pushing me on and I was doing it. I woke from the drugs feeling so calm and inspired. I told muing a bad day.m who was beside me....don't forget this, I don't want to forget this. And I told her, this is going to be like my ultra-marathon race. Glen, represented friends, family and strangers who would support me on this ultra-marathon. Visualising that mountain has really helped centre me when I'm hav

I have had plenty of challenges in my life - but nothing comparable to this .I love life. My brother's death taught me not to take life for granted - and I don't. I am overwhelmed with sadness, anger and fear that cancer has hijacked my life. Some days I sit looking out the window watching the world pass me by. I used to be so busy, running around after my two children, playing with them, running a household on my own bringing them up I worked full-time and loved my job with passion. It's a job I have been doing for over 20 years and I live and breathe it. It's who I am. Now, I travel to Dunedin fortnightly for treatment and worry every trip about how I'm going to pay for the next drug to help keep me alive. It's putting stress on my relationships - my partner lives in Invercargill where he co-parents his children yet he wants to be by my side to help me. My parents ... they are trying to protect me from their worst fears. Mum, the most emotional person I know, tries to hold it together around me and she is doing an amazing job. They have had to become my carers, and are generally the ones I yell out when I'm on a drug-induced rage. And my children - Travis and Morgan - I am so, so proud of them. They are mountains. I am beyond words grateful for the support, love and kindness being given to me through this nightmare.

Charitable organisations like the Chalky Carr Trust - inspired by my story - raised over \$100,000 for people turned away in the public and private systems to get early bowel screening tests, people like Ian Hamilton and his team planning to do a big fundraising drive to help support a number of charitable organisations. I recently had three Lions Members from Cromwell dig my vegetable garden over and plant it out for me. The help from strangers and people I know is overwhelming and I hope people know how much it gives me strength. I draw on that love and use it to fight this cruel disease and it gives me the courage to speak out about my fight, the inequities, the injustices, but also the love and support...in the hope other people won't

Thank you,
Jo McKenzie-McLean

Kind regards
Sue Evans

Global Services Team Coordinator | Email: 202f.gst@lionsclubs.org.nz | Cell phone: 027 738 2962 / Home: 03 213 0329

GST Corner
Continues...



202F LIONS Out and About

THE 202F 50 th CELEBRATION CAKE – at WINTON CONVENTION

17 – 19 MARCH 2023

Being the 50th 202F Convention of these conventions held for 50 years this year being held at Winton – this was the reason for the cakes, which unfortunately was not said, with a lot of Lion members coming up to myself and asking the reason for the cakes!!

It was a nice surprise and challenge with reasonably short notice when phoned and asked by our District Governor Jerry to bake and decorate a celebration cake for this special occasion.



It was decided to bake a fruit cake and a carrot cake in specially designed cake tins of a rectangular which cut reasonably well for a large crowd.

The two designs on top of the cakes were designed on my computer, - then they were sent down to Invercargill to be made into icing images, one for each cake.

A special large board was made by a local joiner covered in special black cake paper and orange ribbon, - also

two special rectangular cake boards used to sit the cakes on, which were covered to go with the theme – “Orange Is The New Black”.

As the photo shows the end result, - unfortunately, I was not present when the cakes were cut at the night function, - it was only hoped they were two nice cakes!! Also, it would have been nice to have the cakes cut in the afternoon, with some Lion members leaving to travel back to their homes.

Thank you for allowing the opportunity to do this challenge for Lions – and as our Lions motto is – “WE SERVE”.

**HEATHER FOWLER
RIVERSDALE LIONS CLUB**



Photo Courtesy: Donald Lamont



202 F L I O N S Out and About

CLYDE AND DISTRICTS



Here is our Club's latest Lilliput Library.

It's just been installed at 1 Annan Street Clyde in time for Easter. The guardian of this Library is Trish May our awesome club treasurer and out artist is another energetic Club member Denise Sanders.

We have another Library in the pipeline. It will be installed at Clyde Play centre and the children who attend the Play Centre are the artists.

Thank you to another club member Fiona Walker-Roud for arranging this.



2 0 2 F L I O N S
Out and About

WAIKIWI



Wednesday 10 May 2023

7 PM start

\$5 Per Round x 4

Corner Gimblett Street and North Road,
Invercargill



Fundraising for Hannah's 2024
Paralympic Dream

SRATCHIE
BOARDS

WAIKIWI
TAVERN

RAFFLES



202 F L I O N S Out and About

RIVERSDALE



One of the Riversdale Lions Club teams on the BBQ at the Speed Shears held on 26 February...
Left to Right: President Morgan, Murray, Wolfgang, Erin, Alisa, and Viv.



Fun Day - at the Riversdale School - put on by the Riversdale Lions Club - 19 February 2023.



Incoming Officer Workshop



When: Sunday 21st May 2023
Where: Blue Mountain College, Tapanui
Time: 9.30am Morning Tea - finish about 3pm

Please advise : Members Name
Club Name
Position they will be taking
Any dietary requirements

Reply To:
202F GLT Co-ordinator
Elaine Scott
202f.glt@lionsclubs.org.nz

There will be something for everyone to learn



Welcome

NEW MEMBERS



Name	Club	Sponsor
John Franklin	Alexandra	Alan Pratley
Helen Kensington	Cromwell Lake Dunstan	Adrien Moen
Haidee McRae	Lawrence	Allan Bain
Shelley Hitchcox	Ohai Nightcaps	Judy Mason
Leon Black	Riverton	Wayne Fleck
Lyndon Richards	Roxburgh & District	Owen Johnston

PR & Communications Calendar

April		Leo Club Awareness Month Environmental Awareness Month Family and Friends Month
	30th	Lions worldwide Induction Day
May		Strengthen Membership Month
	2nd	NZ Sign Language Week
June	5th	World ENvironment/Arbor day





MD202 Convention

The Great Trip South

Invercargill | 28 - 30 April 2023

Explore what Southland and Fiordland has to offer during your Great Trip South. There's something for everyone!



**Bill Richardson
Transport World**
With over 300 vehicle displays and more, there's something to captivate everyone.



**Seriously Good
Chocolate
Company**
Southern-made chocolate, seriously good!



E Hayes & Sons
Stand in the presence of a legend, view over 100 pieces of memorabilia from Burt Munro's legacy.



Stirling Point
Located at the beginning (or end) of New Zealand's State Highway 1, Bluff.



Stewart Island
The perfect base for both the adventurous and those looking to relax.



Te Anau
Home to lakes carved by ancient glacier, majestic fiords and spectacular high-sided valleys.



Gore
Famous for its country music, illicit whisky making and brown trout fishing.



The Catlins
Rugged beauty with wild beaches, roaring waterfalls and home to the amazing Cathedral Caves.

Convention Chair
Maree Hayes
021 644 293

Waihopa City Lions
PO Box 1283
Invercargill

Convention Secretary
Rodger Millar
021 135 0626

For more information contact MD202.convention2023@lionsclubs.org.nz



**Lions Clubs International
District Governor Jeroen Schuurmans
District 202F 2022-2023**

110 Macadam Road RD6 Invercargill 9876 Mobile 027 765 8282 Email 202f.dg@lionsclubs.org.nz

To The Principal,

Lions Computer Capers 2023

This year Computer Capers focuses on the Community and we are delighted to enclose this year's details and entry criteria for this very popular competition. This year's topic will be:

Together we serve/work as one

This year is the 25th year of the competition and we are pleased that it has been so warmly received. We receive constant feedback that it is appreciated by both the students and teachers alike who find it both an educational and fun thing to do in a creative environment.

The rules, regulations, remuneration and closing date are as per the attached forms, and we do encourage your students to enter.

Entry submission – if by email, please send to sir.tazzie@yahoo.co.nz

The closing date for entries is 30 June 2023 – please don't leave it to the last moment to enter.

Checklist – it is vitally important that each entry has the student's name, their school, their school year, their DOB.../... /... and a disclaimer that work submitted is both original and all their own work.

Please also provide your school's email address as I will be providing the results and the judges summation comments with the one email to all schools.

If further information is required-

Of a technical nature re the presentation format itself,

Please contact Shannon McDougall on sir.tazzie@yahoo.co.nz

Or the competition itself and how to enter, please contact co-ordinator Julie Brown on 202f.computercapers@lionsclubs.org.nz

Good luck to all students taking part.

Julie Brown



2 0 2 F N O T I C E

Entries not meeting the rules and conditions below will be disqualified.

- There are 2 sections – Junior and Senior for entrants aged school years 4/5/6 and year 7/8

The topic is: Together we serve/work as one

- Base your computer presentation on this theme.
- Only one entry per student – NO combined presentations from two or more students
- All work must be accompanied by a signature or disclaimer from the student's teacher or parent stating all work is original and has been completed by the student.
- Computer presentation may contain original photos, sound, 10 seconds of movie or any creation imported into the presentation.
- Computer presentation must not exceed 6 slides
- **No clip art** is to be used in any entry
- Computer presentations should run automatically from start to finish
- All entries to be emailed to: sir.tazzie@yahoo.co.nz
- Competition closing date is 30th June 2023 and all entries must be received by 27 June 2023
- By entering this competition, you are agreeable for the Lions 202F District to use your presentation for promotional purposes
- Prize money of \$200 for each section - \$50 to 1st place, \$30 for second place and \$20 for 3rd place student and \$100 to the winning student's school.
- Email help as to Computer presentation criteria is available at: sir.tazzie@yahoo.co.nz

Judges looking for:

- Ø All spelling is correct.
- Ø Titles, text are clear and concise. All read at the correct play speed (if this is used in the student's presentation)
- Ø Logical thought process is shown in the student's work.
- Ø If sound or special effects are used in the presentation they enhance the presentation and do not distract from it.

Lions District 202F Computer Capers Co-ordinator
Julie Brown

202f.computercapers@lionsclubs.org.nz





Lions District 202F

Presents

COMPUTER CAPERS 2023



This year's topic

Together we serve/work as one

This competition has two sections

- Junior Years 4, 5 & 6
- Senior Years 7 & 8

Prizes kindly sponsored by:

PDG Wendy Goodwin

\$200 Prize money in each section:

1st place \$50, 2nd place \$30, 3rd place \$20
plus \$100 to the winning student's school.

Rules and conditions attached.

Competition closes 30 June 2023



Guiding Lion Program

Designed for New, Existing and Clubs Rebuilding

The Guiding Lion Program is designed to assist clubs that are newly chartered, established or rebuilding. Guiding Lions are assigned for a two-year term by the district governor in consultation with the sponsoring or established club president. Guiding Lions are limited to serving no more than two new clubs at any point in time.

Guiding Lions assist a club to:

- Be successful in its first two years of operation
- Orient and train club officers and members
- Motivate and support club growth and development
- Locate resources available to assist the club



PEACE

LIONS INTERNATIONAL
CONTEST



Peace poster kits available now from [MD202 club supplies](#).
Contest Theme 2023-2024 "Dare to Dream."



The earth sustains human life. We've seen how our stewardship of natural resources can improve quality of life and increase engagement in our local communities. Our environment is more than a background: it's our home. And we're committed to caring for it.



It's that time again
to grab and sponsor
someone
in your area
between
16 and 21 years
for the
202f Lions
Speechmaker
competition
in early June
a 5 min prepared
speech and short impromptu
speech.

