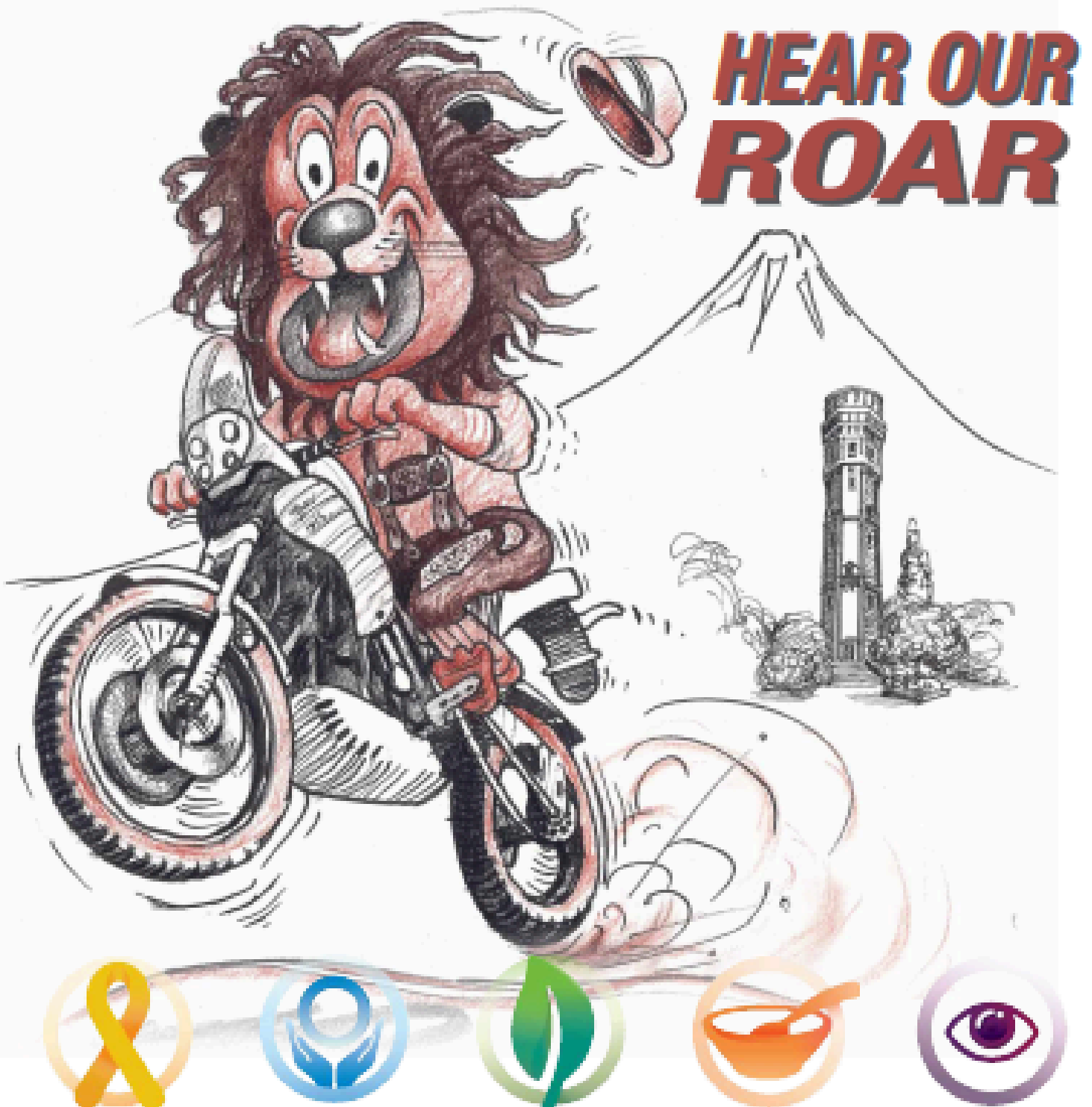


May 2024



Contact

DISTRICT 202D NEWSLETTER





District Governor 202D
Tobias (Tobi) Hipp

Contact Report – May 2024

Fellow Lions,

It has certainly been a busy month. We had our third and last Council meeting for the 2024/25 year prior to the Multiple District Convention up in Hamilton. What made this convention different was that the new International Director vote took place. This was something new for me. Our District candidate PCC Megan England came a close second after a second round of voting had to be held. Congratulation Graeme Wilson, you will represent us well. I was impressed at the amount of members that attended from 202D. There were a number of first time convention goers, well done. Friday night started the convention with the flag ceremony which was totally run by the LEOs of Hamilton. It was a very refreshing ceremony. It was great to see our youth take on such a task and make a huge success of it.

Our new portal is launched and invitation emails are being sent out. There are some great training videos on the website. Have a look at them. We will be running through some of the functions for reporting at Club Officer Training. This will be split between north and south again, venue the same as last year, Ngaere School on 11th May and Church in Feilding on the 25th May. See advert in contact for more information. I hope to see our club officers take this opportunity to learn and share their experiences.

We recently sent a newsletter with a link for service reporting. This was done to enable clubs to send us the details and our administrator, Mat, would report the service for you while transitioning to the new portal. Only a few clubs have taken advantage of this. Please let us have at least one activity to report that we could reach 100% reporting on the new portal. Clubs are busy planning their changeovers and getting ready to hand over the reigns to the new team in July.

Just around the corner is the International Convention in Melbourne. Take a few days and have a holiday and visit the convention. It will not be this close to home for a long time. Make the most of this. I have heard that it is going to be a blast.

Congratulations to Rongotea Club for the service awards that were awarded for their Children Christmas Party. Well deserved.

So, all that is left for me to say is keep up the good work you do. Keep telling your story and let others hear our roar.

In service and friendship
Tobi



International Presidents Message



President's Message Changing the World with International President Dr. Patti Hill

Dear Lion,

When you became a Lion, you also became a leader. Lions and Leos lead their communities in service and bring people together to achieve greater outcomes than we can alone.

Every time you invite a new member, or we charter a new club, more people are helped, and more communities are served. We are making a tremendous impact all over the world thanks to your leadership.

So, let's continue to grow our impact and share your amazing projects on social media to encourage others to join you. Take an online course to enhance your skills and encourage others to do so, as well. Let's continue to be the leaders that our communities and world need us to be.

Yours in service,

Dr. Patti Hill
International President

From Megan England



I wish to express my heartfelt gratitude for your support during my bid for the Lions International Director role.

While the outcome may not have been what we hoped for, I am extremely grateful for the number of Lions members from our District 202D who travelled to Hamilton as voting delegates for your clubs. For some of you this was your first experience at a Multiple District Convention, and I hope it lived up to your expectations. Both Robert and I have thoroughly enjoyed our travels to district conventions up and down the country as we campaigned and have enjoyed making many new friends along the way.

I am 100% in support of incoming International Director, Graeme Wilson, and wish him well for his upcoming role.

Thank you for your support, your encouragement and your belief in me.

In appreciation,
Megan England



CHILDREN OF COURAGE 2024
AWARDS PRESENTATION
(DISTRICT 202D)



Sunday 9th June 2024
Registration from 12.30pm
Waverley Community Hall
Chester Street, Waverley 4510



LIONS DISTRICT 202D
YOUNG SPEECHMAKER CONTEST

FOR SECONDARY SCHOOL STUDENTS/
YOUNG ADULTS

AGED 16-21 (as at 30/06/24)

202D District Final

Date	Sunday 26th May 2024
Venue	Cullinane College
Time	9.20am for a 10am start
Cost: \$125	(sponsorship by local Lions Club.)

URGENTLY NEEDED

Home hosting for upcoming
Youth Exchange July/August

Please Contact Stephanie Jordan
Email: md202.yechiefco@lionsclubs.org.nz

SAVE THE DATE

Club Officer Training



11th May at Ngaere School

Next to SH3 - 4355 Mountain Road, Ngaere, Eltham



25th May at Feilding Oroua Hall

Behind the St Johns Church cnr Church and Camden streets or off West street, Feilding



Open: 9:30am for Coffee and Biscuits

Training Start: 10:00am till 2:30pm

Who is this training for:

- Presidents
- Vice Presidents
- IP Presidents
- Secretaries
- Administrators
- Treasurers
- Trustees
- Newsletter/Bulletin Editors
- Social Media
- Website Admin
- Publicity/Marketing
- Membership Chairs
- Almoners
- Social Chairs
- Comm. Service
- Projects Leaders
- Youth Chairs



The Glob Update

10/4/24

Photo at Marton Festival site visit.



The 202D District Waverly Award for Community Service was presented to the My Health Glob Project Team participants



Please see the end of the Contact for more information about The Glob Project, including feedback and referrals.

Rongotea & District Lions Club

Well, what a successful time we have had over the past few weeks!!

In mid-April we organised another very popular car show in Rongotea, attracting over 300 cars of all ages, shapes and sizes as well as a sizeable crowd of car enthusiasts and interested public. The weather was very favourable and the polished cars lined up on the Rec Centre ground looked great. **David Calow and Bernard Lilburn**, our club car show organisers, were thrilled with the response, as they had worked very hard to ensure the show was a success. We were also well-supported by a number of businesses who donated prizes for a number of categories. We appreciated this support. Thanks to the Manawatu Classic car club who assisted with the organisation and to everyone who came to see the cars. Overall, the show created lots of interest once again and we plan to hold another car show in 2025.



Arohanui Hospice Donation.

The best outcome of our car show was the total funds raised for the Hospice as a result of paid entry to show and see the cars. A donation of \$10,750 was presented to Hospice CEO Clare Randell at our May tea meeting. Clare thanked the members for the large donation and for working so hard to ensure the show was a success. We extend our sincere thanks to the community for supporting the show to help us raise funds for the Hospice.



Special awards.

DGE Denis Hurcomb and Council Chair Steve Barr attended our meeting in May on a very special “mission” ... to present our club President Nick Walkley with three very special awards to celebrate our successful Manawatu Child Cancer Christmas Party project. We have been organising this project for children with cancer, along with their families, for many years, so it was a big surprise for us to receive the awards. The project involves most of our members and wives and partners, all helping to provide a great day for these children with serious health issues.

The awards received were: **Kindness Matter Service Award NZ- wide, Top Club Project Service Award in NZ and a Lions Club International Certificate of Recognition from Lions International President, Dr. Patti Hill.** We are pretty humbled with the recognition gained from doing this project.

What's On in the District

Feilding Hosts Lions Club



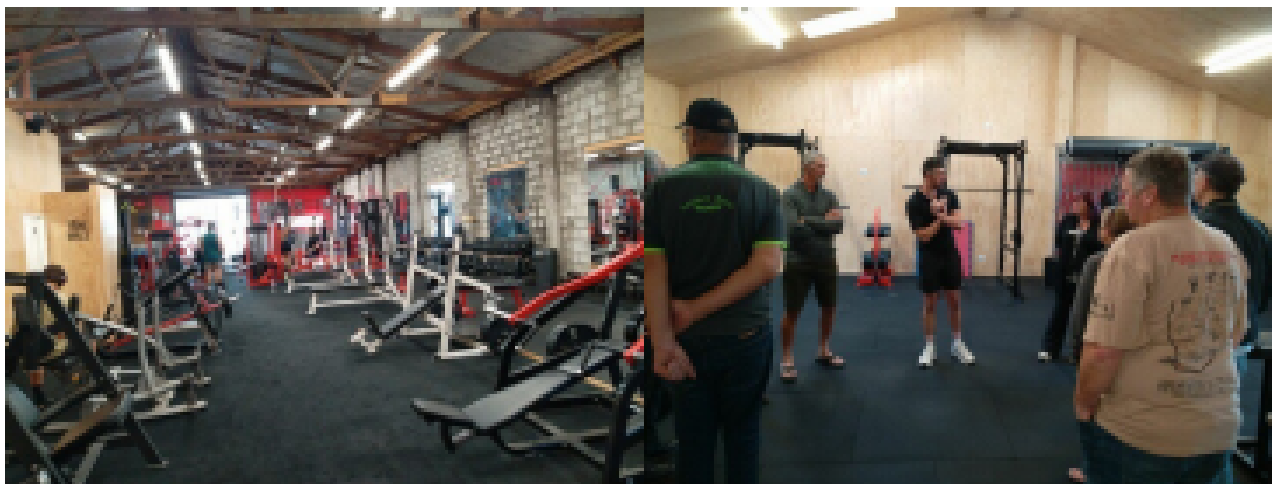
***“The first of many Customers”
(L-R) Heather Kauri, Monty Marsden, Robyn Christensen,
Elizabeth Heath, Bruce Johnstone, Robert Stone***

Eltham Lions Club visit to Tutaki Youth

On Tuesday 26 March, a group of Eltham Lions club members met at the Tutaki Youth centre in Stratford. Some of you may remember when the club worked with Stratford and Toko to set up the 'Lion's Den' a community youth and fitness centre at the same venue. That was in 2011.



Well, under some strong guidance and great community support this has now developed into Tutaki Youth Inc. It provides a safe place for youth to meet and seek guidance from the trained staff at hand. This includes the General Manager Nelson Pulotu and a Youth worker, a Social worker and Youth mentors, plus two Fitness consultants led by Dane Carr.



Nelson and Dane greeted us at the door and explained how Tutaki Youth services work - how it is supported and the work they do with youth. The gym has 600 paying members, and their very modest fees pays for the Fitness Centre and also puts around \$50,000 back into the Youth Centre. It was a great insight into the dedication and passion of the people involved, and the time and effort spent with youth. The more "life experienced" in our communities and all those in between also benefit through the gym programs they provide.

Opunake Lions Club

ACTIVITIES: CLUB EVENTS:

Spud dig



Relaxation and finally time to chat after the big dig.



The Glob Extended Update

Medical Conditions seen at the Glob for Lions My Free Health Check Project.

Overview summary from Dr Warren over the past 12 months. It adds icing to the cake for health screening.

Conditions seen (in no particular order).

- Dehydration due to gastroenteritis requiring IV fluids. Arts and sculpture festival, Kimbolton
- Acute hypotension following angina attack and use of nitro lingual spray. Central Field Days, Feilding.
- Head and mouth injury following collapse of chair. Rongotea.
- Acute hypotension resulting in collapse Waituna West.
- Infected foot in a child Marton Festival.
- Hypotension due to end stage renal failure. Kimbolton.
- Two serious suicidal thought contents. Timaru and Hawera. One is a freezing worker and one is a secondary school child.
- Post traumatic stress disorder. The train driver involved in a fatality. He had not been able to talk to a GP for 5 years. His partner brought him along and he gradually relaxed. He agreed to make an appointment with his GP. He was extremely nervous at the start of the consultation but was far most relaxed when he left the Glob.
- Thyroid nodule. Probably cancerous.
- Elder abuse. One elderly gentleman who was not allowed to drive his own car in case he had an accident.
- Loneliness'. On lady who had lost her husband 7 years ago who just wanted someone to talk to. I had, eventually, to show her to the door of the Glob.
- Dupuytren's contracture of the hands. A debilitating connective tissue disorder that affects the flexor tendons of the hand which result in the fingers curling up of the palm of the hand.
- Hypertension. This is the most common abnormal finding. That is not surprising and moderate hypertension has no symptoms. Half the people seen at Marton with hypertension knew their condition was high.
- This was understandable as we do not start treatment as one BP reading may not be accurate. Many people have the 'white coat syndrome' where the BP is elevated by a medical person for the first time. It is better to take the average of three readings at 5-minute intervals - but if they remain above 140/90, intervention (life style changes and possibly medication) should be considered. Especially if there is a family history of hypertension.
- Loss of GP longitudinal care. Many seen lament the loss of the old practice of a GP who has looked after them and their family over several decades. This has become a very important loss in primary care at the expense of both the patient and the GP. The advent of large GP practices has resulted in the loss of family and personal knowledge. Bad for the patient, bad for the GP and bad for primary care at a whole.

- Finally, the ability of the Glob team to show compassion and that they care for those seen. I have described this as the '**magic of the Glob**' as they move through the screening process.
- They start as strangers in Front of House. They then fill in the demographics in a few seconds, but they then really slow down when it comes to the mental wellbeing questionnaire.
- They are then seen by the nurses who touch them by taking BP and blood tests. This makes it all very personal. Then they see the GP. At that stage, they are a complete stranger but they can share with him or her their worries they might not share with their own GP. (or even their partners).

This is just a snap shot of the people we have seen. All conditions seen would fill 2 A4 sheets. But it shows how this Lion project is helping those seen to seek medical advice, and as a result, practically changing their lives.

We are the fence at the top of the cliff. It costs around \$10 to change a life. The feedback we have received has totally reinforced to our team the value of this service. We have not only saved lives, we have saved thousands of dollars in medical care prevention.

To all those Lions who have contributed to this project, I say hold your head up high, be proud of what you have done for 2500 people seen, and be proud to be a Lion.

Warren. 9/4/24

Kimbolton Oroua fair 23/03/24

Numbers seen 22

Numbers referred 8

Age 17 years to 87 years

Gender male 10 female 12

Ethnicity NZ European, English, British Columbia, Māori, Asian.

Occupations.

Army

Police

Firefighter

Air traffic controller

Police dispatcher

Unemployed

Retired

Cardiac technician

Teacher

Farmer owner

Farm worker

Nurse

Receptionist

Executive officer School

When last seen

Within last year =10

Within 2 years =4

Greater 5 years = 8

Smoking/ vaping.

Current nil

Previous 10

Never 12

Mental health

Green (well) 19

Orange(struggling a bit) 2

Light blue (struggling a lot) 1

Clinical findings.

Weight 43 kg-102 kg

Visual acuity 1/9 -9/9. One had no eyesight in one eye due to squint at birth.

Blood pressure 112/84 – 202/125

Pulse 67 -107. 1 had atrial fibrillation and a BP of 192/146. He is waiting for an appointment to see a cardiologist.

Blood sugar 2.9 -7.8 (average 6)

Blood cholesterol 3.2 -5.85 (average 5)

Temperature average 36.7

Oxygen saturations average 96.8

Skin lesion

Hyperkeratosis 1.

Squamous cell carcinoma 1.

Referral back to GP.

High blood sugar, high blood cholesterol, hypertension (5), atrial fibrillation.

Comment.

Not a large crowd and hence a smaller number seen. However, even one referral makes the day worthwhile.

Five had no GP and 3 had a nurse practitioner (this number will increase due to the lack of GP's.

It was good to see no current smokers and several previous smokers. The majority enjoyed good mental health. Only 3 were struggling and these were younger than most seen.

Thanks to FOH Pat- Colyton Lion, Bruce and Robert Feilding Host Lions, Cathy Feilding Host and Marilyn Heartland Lion and Dr Warren Nicholls & Dr Don Stewart.

Feedback from Glob Visit to Kimbolton Country Fair on Saturday 23/3/24.

Declined to write a comment J.

Gave me the opportunity to see a Dr. R.

I'm so grateful for the medical service provided. It really could be a life saver. M

Good job, worth while. M.

Good to have time with a Dr. Very pleasant experience. K. Well looked after. Nice to catch up with Warren.

Good to go over BP. Worthwhile. F.

Good chat with Dr. All good. K.

Everyone is so nice. Was good to see my BP. Thanks. B

Lovely Group, great to speak with everyone J.

Thanks to the Lions. A wonderful group. G.

Good to talk with Dr, will go see my GP. J

Good service/ Great idea. B

Fantastic service, lovely people, Thank You. J

Great service. P

Fantastic idea and service. S.

Fabulous. Thank you. D.

Good service. B

Helpful. Something to think about re. cholesterol check. C.

Amazing, super friendly! Super to get a checkup since I don't usually. S

All good. B

Special Thanks to Drs Warren Nicholls & Don Stewart, nurses Kathy Shilvock Feilding Host Lion and Marilyn Holdaway Heartland Lion, Plus FOH team from Colyton Bunnythorpe Lions Bruce Macmillan, Alan Mitchell, Pat Henaghan . Robert H Feilding-Glob sec.

Feedback from Marton Harvest Festival on 7/4/24

Very good feedback. P
Great service, much appreciated N.
Good to have check up as us males are not good at seeing Drs. G
Thanks heaps guys, Appreciate it. N.
Awesome Mahi team. Thank you. L.
Great work team. Much appreciated. P.
Great team. G. Great work Team. Much appreciated. S
Good work. B
Awesome team. Loved the aroha. K.
Excellent staff.!!! N.
Fantastic staff. C. Thanks Nga nui miha. D
Easy and happy with the service. E.
Good service thanks. G.
What a great service. M.
Very good process and data and people. Y.
Nice to receive a good report. Thank you. M.
Amazing service, friendly team. R.
Very friendly staff. J.
Great friendly service, many Thanks. P.
Great and friendly service peoples, thank you for your service. T.
All good no problems. P.
Great checks. D.
Very good well run. G.
Thanks heaps, very satisfied. R
Thank you for your help today. R
Thanks for the Checkup. A.
Thank you for your service. B.
Thanks very much, good to see you all there. A.
Passed, Thanks. G
Very professional, helpful, thanks heaps. Z.
Thank you for the help. K.
Thank you for your time. E.
Thank you for your time and friendliness. B
Great friendly service. M.
Fantastic and friendly. J.
Very helpful and polite. Very happy. T.
Fabulous. Very happy and grateful. R
Amazing felt safe and comfortable as someone with a phobia. D.
Sweet get up! Didn't know I would be getting a health check, but glad I did. Lovely people, Thank you. K.
Amazing, massive look forward to my next visit. L.
Fantastic people and service and giving up their time freely. P.
Great people and great service. J.

Thanks to FOH Steven, Kelly, Jackie, Kelvin Marton Lions, Merete Heartland Lion and Kathy Feilding Host Lion Nurses, Dr Warren Manchester Lion, Robert x2 Feilding Host Lions.

Welcome New Members of District 202D

Due to Portal changes we're unable to get a list of new members in the District, but a special welcome to the new members on Board!

Cabinet Contacts

Position	Member	Email	Phone	Mobile
DG	Tobi Hipp	202d.dg@lionsclubs.org.nz	06 278 7726	027 6190269
1st VDG	Denis Hurcomb	202d.vdg@lionsclubs.org.nz	06 278 4663	021-0763367
IPDG	Stephen Barr	202d.ipdg@lionsclubs.org.nz	06 323 6562	027 4499648
Secretary	Mat Wellington	202d.secretary@lionsclubs.org.nz		027 5530003
Treasurer	Susanne Hipp	202d.treasurer@lionsclubs.org.nz	06 9285608	027 6100270
District Webmaster	Mat Wellington	202d.webmaster@lionsclubs.org.nz		027 5530003
District Administrator	Mat Wellington	202d.admin@lionsclubs.org.nz		027 5530003
Contact Editor	Abraham Godsell-Slade	202d.editor@lionsclubs.org.nz		021 08697075
Marketing and Communication	Tobi Hipp	202d.marcom@lionsclubs.org.nz	06 278 7726	027 6190269
GAT Team				
GST	Graham Robinson	202d.gst@lionsclubs.org.nz		021 08196141
GLT	Megan England	202d.glt@lionsclubs.org.nz	06 7648244	021 1472440
GMT	Phil Brady	202d.gmt@lionsclubs.org.nz	06 324 0149	027 5956484
GET North	Llew Eynon	202d.getnorth@lionsclubs.org.nz	06 764 7210	
GET South	Karensa Dennis	202d.getsouth@lionsclubs.org.nz		027 294372
GMA Lead	Stephen Barr	202d.ipdg@lionsclubs.org.nz	06 323 6562	027 4499648
Zone Chairs				
Zone 1	Richard Pedley	202d.zone1@lionsclubs.org.nz	06 329 6997	021 0629078
Zone 2	Karensa Dennis	202d.zone2@lionsclubs.org.nz		027 294372
Zone 3	Terry Carmody	202d.zone3@lionsclubs.org.nz		027 3444440
Zone 4	Martin Berry	202d.zone4@lionsclubs.org.nz		027 2781178
Zone 5	Andrew Gibson	202d.zone5@lionsclubs.org.nz		027 2243589
Zone 6	Mike Powell	202d.zone6@lionsclubs.org.nz		027 4769355

Cabinet Contacts

Youth and Young People				
Youth North	Stephanie Jordan	202d.youthnorth@lionsclubs.org.nz		022 0540515
Youth South	Robyn Pedersen	202d.youthsouth@lionsclubs.org.nz		027 4947125
Leo's Coordinator	Robyn Pedersen	202d.leos@lionsclubs.org.nz		027 4947125
Almoners				
North	Kay Wallace	202d.almonerth@lionsclubs.org.nz		021 02766739
South	Ash Hazlitt	202d.almonersth@lionsclubs.org.nz	06 329 7834	027 2466559
LCIF	Leo Danz	danz24@xtra.co.nz		027 4589633
LCIF Coordinator	Adrienne Christensen	202d.lcif@lionsclubs.org.nz	06 325 8784	021 06245321
LMLCCT	Roy Price	royprice47@gmail.com		021 2452658
Camp Quality	Michelle Hofmans	michelle@mgfn.co.nz		027 5317684
Alert	Stephen Barr	202d.alert@lionsclubs.org.nz	06 323 6562	027 4499648
Child Mobility / HU4K / Cantabs / Vision	Daphne Holley	202d.cmf@lionsclubs.org.nz		021 1281680
Digital Signage Promoter	Daphne Holley	202d.cmf@lionsclubs.org.nz		021 1281680
Convention Chairman	Joe Clough	joeclough52@gmail.com	06 278 4475	

Thank
you!